



October 2016 UNlverse

NWUUC NORTHWEST
UNITARIAN UNIVERSALIST
CONGREGATION

Share the Plate in October Supports West Atlanta Watershed Alliance

Northwest continues to support the West Atlanta Watershed Alliance (WAWA) in October through our Share the Plate donations, a speaker during Second Hour and an open invitation to volunteer.

WAWA is a community-based non-profit organization whose mission is to improve the quality of life within the West Atlanta Watershed by protecting, preserving and restoring the community's natural resources.

WAWA represents African-American neighborhoods in Northwest and



Southwest Atlanta that are inundated with environmental stressors but are underrepresented at environmental decision-making tables. Their symbol, shown above, is the WAWA Aba or "seed of the WAWA Tree," a West African Adinkra symbol of hardiness and perseverance.

Through our Share the Plate program, half of all non-designated funds collected during each of the Sunday services this month will go to support



WAWA's efforts. You may designate all of your donation to the organization by writing "WAWA" in the memo line of your check.

If you are interested in lending your time, WAWA offers several upcoming opportunities at their Outdoor Activity Center (OAC), 1442 Richland Road SW, Atlanta, GA. The OAC is a 26-acre urban forest preserve and nature center. On the second Saturday of each month (excluding July and January), WAWA hosts a "Service Learning Saturday" in which members of the community gather to complete gardening tasks and maintain the nature trails at the OAC. Other volunteer opportunities include participating in creek clean-ups and weekly, monthly or quarterly water quality

monitoring. Volunteers also help at community festivals, in the office or at urban forestry service days and community education. No matter your age or stage in life, there's something available to meet your interest, skill level and physical ability.

On October 2, you can learn more about these volunteer opportunities and others during our Second Hour, when we will be joined by the Chair

of WAWA's Board of Directors, Dr. Na'Taki Osborne Jelks. Dr. Jelks is a pioneer in environmental stewardship education in Atlanta. She is also a nationally recognized leader in providing urban communities and youth of color with environmental stewardship opportunities through hands-on watershed and land restoration initiatives and environmental education and training. The White House named her a "Champion of Change" in 2014.

Please consider generously donating both your time and offering to this worthy organization.

Worship Services for October 2016

Service at 10:00 am

Focusing on Right Relationships

The Nursery is staffed and available during services and Fellowship.

Our Sunday worship services are led by our minister Rev. Terry Davis, guest ministers or members of the Northwest Worship Associates team. You can find additional information about the coming week's service in the weekly NeUUs and on our website. Contact our Office Administrator at office@nwuuc.org to sign up for the NeUUs.

October 2 – Blessing the World with Forgiveness



Worship Leader –
David Stewart
Worship Associate –
Tony Barbagallo
Music –
William Fowler
Unitarian Universalists
have been called to heal

a hurting world. What practices can we implement in our life to maintain right relationships? What does it mean to truly let go of a slight, an injury, or a devastating event? Does forgiveness require an extended olive branch?

October 9 – Homecoming and Belonging

Worship Leader – Rev. Joan Armstrong Davis
Worship Associate – Letitia Sweitzer
Music – William Fowler



There was a time in history when human beings could expect to know no more than three dozen other human beings over the course of a lifetime. We are, at heart, a communal species. Yet one could hardly

fail to notice the disunity that characterizes the contemporary American condition. We are more isolated and more distrustful of our fellows than those early humans could imagine. How can we resolve the often anguished longing of the spirit we experience when we are without close bonds of community?

October 16 – A Promise to Be Kind

Worship Leader –
Rev. Terry Davis
Worship Associate –
David Morgen
Music – The Northwest Choir
and William Fowler

What is a covenant? What do we mean by “right relations?” The Northwest congregation adopted a “Covenant of Right Relations” that guides us in our relationships with one another. Today we explore our decision and promise to be kind.



October 23 – You've Got a Friend

Worship Leader – Rev. Terry Davis
Worship Associate – Lynne Dale
Music – Northwest Passage

A long-time friendship can be one of the most rewarding experiences of our lives. What qualities make these friendships successful? What can they teach us about resiliency, acceptance and change? Are there any downsides?



Worship Services for October 2016

Service at 10:00 am

Focusing on Right Relationships



October 30 – When We Disagreed

Worship Leader – Jay Kiskel

Worship Associate – Neal Steffin

Music – William Fowler

We covenant to work with each other to create a vibrant, caring community. Yet there was a time in our Atlanta UU history when we disagreed so severely that our faith community completely collapsed. The story of this fatal disagreement and the rebirth of a vibrant, caring UU community in the 1950s illustrates that loving, respecting and working together truly requires a deep commitment to the principles that bind us together.

In the Spirit Returns on October 20

Northwest's monthly contemplative worship service is returning on a new day . . . the third Thursday of every month.

Starting on October 20, Rev. Terry Davis and Northwest member and musician Traci Montgomery will once again offer a 30-minute service that is quieter and more meditative than our traditional Sunday worship service. Expect candles, simple singing and prayers . . . and more opportunities for silent reflection.

Join us at 7:30 pm in the Sanctuary. For more information, contact Rev. Terry Davis at minister@nwuuc.org.



Transylvania Anyone? An Update on Our Plans

In June, Rev. Davis and about 12 Northwest members met to explore the interest in going on a pilgrimage to Transylvania, the region of central Romania where our faith first emerged and home to the largest population of Unitarians outside of the U.S.

With the input of Northwest members Tony Barbagallo and Valerie Johnson (who traveled with the Northwest Youth to Transylvania in 2012), we are in the process of developing an itinerary and soliciting proposals from two experienced UU pilgrimage directors.

For more information, contact Rev. Terry Davis at minister@nwuuc.org.



News from the Board of Trustees

At our first regularly scheduled board meeting that included new board members for the upcoming year, we had a full agenda. Here are some updates.

Northwest: Moving from Vision to Action

We continue to research and discuss opportunities for an upcoming capital campaign. Board members will participate in a capital campaign webinar and continue to pursue advice from the UUA on next steps. We are committed to acting on the input we heard from the congregation last year and incorporating past work as well as the extremely professional Long Term Options report.



New Co-Leaders for the Earth Ministry Team

The board formally approved Linda and Tom Couch as the new co-leaders for Earth Ministry. Thank you, Linda and Tom, for stepping up. We look forward to seeing your vision turn to action for Earth Ministry!

Improving Our Decision-Making Process

Board members have drafted a simplified flow chart to help the board and perhaps other groups, make and follow through with decisions (large and small). This process will be condensed into a one-page format that we hope to formally adopt soon.

Welcoming Congregation Recertification



NWUUC was certified as a Welcoming Congregation many years ago, but it's time for a refresher. This certification helps us ensure we are welcoming to all persons that identify on the LGBTQ spectrum. This year we will be

forming a small group to go through the recertification process. We envision this to be managed similarly to the way we worked through the Sexually Safer Congregation Policy last year.



Leadership Development

We are so fortunate to have a congregation full of talent and enthusiasm. The board is working on ways to make sure that we are well positioned in the future by engaging interested individuals in leadership development opportunities. These efforts may even include future updates to our bylaws to ensure that leadership development is front and center among our other set responsibilities.

Minister Sabbatical Planning

Planning for Rev. Davis' sabbatical is well underway. We are in the process of identifying three ministers to serve on a rotating basis while Rev. Davis is away on her much-deserved break. As plans are solidified, we will work on formal communication with the congregation.

DRE Search Committee

The Search Committee for our next full time DRE should be formed by the time this newsletter goes to press. We are excited to support the committee in its extremely important task and also grateful to have Dana Poss as our Acting DRE during this transition.



We closed the meeting with a beautiful reading written by Rev. Darcy Roake entitled "Each of Us Ministers to a Weary World." The reading encourages us to do our part in our shared goal of making our world better. We hope to fulfill our role, in part, by serving you.

Hannah Cowart
Trustee at Large

Power in Brokenness

Dear Friends,

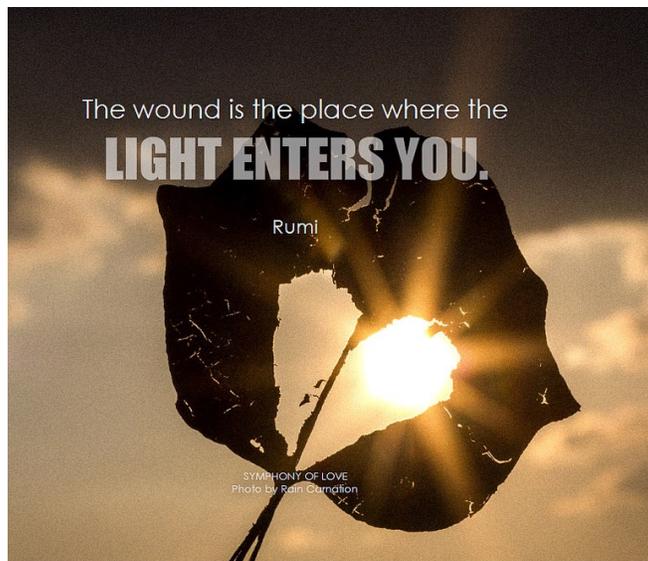
I recently joined a Northwest couple to hear attorney and activist Bryan Stevenson speak at Berry College. I had not been to Rome, Georgia since I was in college and attending a basketball game between the Berry Vikings and my alma mater's team, the Oglethorpe Petrels—in other words, a long, long time ago.

The gymnasium where Stevenson's talk took place was what one might expect—shiny hardwood floors, rows of metal bleachers, and the buzz of chatter reverberating off of the walls and ceiling. Students were filling up the place. And many had with them a copy of Stevenson's best-selling memoir *Just Mercy*, which I learned was required reading for the entire freshman class.

Bryan Stevenson's stories about the injustices in our criminal justice system were as heartbreaking to hear that evening as they had been for me to read in his book. And, yet, despite the challenging and sometimes bitterly discouraging experiences of working with death row inmates and imprisoned children, Stevenson still has hope.

At our gathering, he pondered aloud why that was. "I work in a broken system," Stevenson acknowledged. "And, over the years, I've come to realize that I do what I do because I'm broken, too. I believe there's power in brokenness."

The message that brokenness can be powerful—powerfully saving and powerfully transformative—can be found in many of the world's religions. The Christian scriptures, for instance, teach that it was through Jesus's brokenness on the cross that humanity was once again made whole. The psalmist of the Hebrew scriptures wrote "God is close to the brokenhearted and saves those who are crushed in spirit." And, the Sufi poet Rumi wrote, "The wound is the place where the Light enters you."



Like Stevenson, I'm aware that I'm broken, too: I'm flawed, I'm vulnerable, and I'm unfinished. Recognition of this isn't self condemnation. Rather, it's liberating. It's rescuing me from the bonds of perfectionism and self-criticism. It's enabling me to recognize my deep need of people and outside resources for insights, direction and strength. And, it's helping me to heal and to embark on a new course in my life.

There's power in brokenness.

Bryan Stevenson said that, through his work, he has come to realize four things that he believes he must do to help change the world:

1. Remain close to the people and causes he wants to help.
2. Join with others to change the narratives about race in America.
3. Stay hopeful.
4. Be willing to do uncomfortable things.

Powerful learnings for Stevenson . . . and a reminder that salvation and transformation await me and perhaps others, too, when I give myself over to my brokenness.

Warmly,

Terry

Rev. Terry Davis

1. Psalm 34:18.
2. Remarks made by Bryan Stevenson at a presentation at Berry College, September 12, 2016.

Meet the Choir

Our choir sings two services each month. In a typical service, you'll hear the choir sing two pieces of music and sometimes sing a counterpoint during hymns. It looks easy, but what you don't see is the time spent rehearsing, week in and week out, from August through June.

Rehearsals with me are often fun, but they can occasionally be tedious as we work out all the notes and put the music together. Every Wednesday evening at 7:30, these good people gather together to make music. They are tired from work. They fight traffic. I'm sure there are times when they would rather drive straight home and sink into their favorite chair, but they come to Northwest to sing, learn, and grow. This kind of dedication often goes unsung, but I truly appreciate the choir and the work they put in, and I hope you do, too.

On a more personal note, if it weren't for the choir, I may never have become Director of Music. I came to



Northwest more than 10 years ago. Joining the choir was my way of getting involved with the congregation and sharing my gifts. The choir was so welcoming, and I immediately felt at home.

I served as an interim music director three times as other music directors came and went. After the previous music director left, I was considering applying for the position, but what really put me over the edge was a comment by Les Prescott, a former choir member. At his memorial service, his girlfriend told me that Les had hoped that I would apply for the music position at Northwest. That comment gave me the final nudge I needed to throw my hat in the ring.

Choir members aren't listed individually in the back of the Sunday order of service because of space, but I'd like to list them here. Maybe today you can thank a choir member or join us!

Nick Barbagallo
Tony Barbagallo
Sharon Cameron
Beth Clinton
Michael Dierickx
Karen Edmonds
Chrissy Haddad
Linton Hopkins
Judy McKinley
Traci Montgomery
Lissa Newman
Aruna Rao-McCann
Ben Sellers
Ruth Subramanian
Bob Thacker
Lil Woolf

Tom Godfrey
Director of Music

Auction!

Join your friends for a fun evening at the Northwest Fall Auction on Saturday, October 29.

Dinner at 6:30 and the auction will start at 7:00 pm. Admission is \$20 and includes dinner prepared by some of our favorite Northwest cooks.

Bid on dinners with friends, canoe trip, works of art, handmade jewelry, hand-knitted items, tickets to local events, bottles of delicious homemade Irish Cream and a few surprise items.

Just being at the auction is great fun. Finding treasures is even better and helping Northwest at the same time, makes it an unbeatable deal.

Have something to donate? Send a description (short, please!) to csuitedoc@yahoo.com. Want to be there? Send a message to csuitedoc@yahoo.com with the number of people and make payment by:

1. Sending a check for your tickets to Northwest and write in the memo line Fall Auction Ticket(s).
2. Place payment in the box that will be in the lobby.
3. Give a check to Michael Dierickx, Finance Trustee.

Please reserve a seat by October 23 to ensure we have plenty of food.



Coming of Age Family Meeting, October 2

Families with youth in 7th and 8th grades who wish to register for Coming of Age are invited to an informational meeting following RE at 12:30 pm on October 2. We will meet in the Chalice House. The meeting will cover the schedule and program expectations and answer any questions you may have. Gwen Kahn, Tom Hartnett and Pam Freeman look forward to a great year working with our middle schoolers!



Northwest 101, October 22

Want to learn more about Unitarian Universalism in general and the Northwest UU Congregation in particular? Wondering if membership might be the next step for you - or you'd simply like to meet other seekers like yourself? You're invited to join us on Saturday, October 22, from 9 am-noon in the Chalice House Chapel for our semi-annual Northwest 101, starting with a light breakfast.



Still Thinking About . . .

becoming part of a geography-based social group? So far 20 of you have expressed interest. Do you have questions? See Ruth Subramanian on Sundays, call her at 770.452.1921 or send an email to ruthsindia@yahoo.com.



The program will include presentations by Rev. Terry Davis (Your Spiritual Journey), Board of Trustees President Kristen Fowks (board structure), Finance Trustee Michael Dierickx (finance), and some of the Ministry Team Leaders. There will be ample time for questions and an opportunity to meet other newcomers. Child care will be provided with two-week advance notice—let us know by Saturday, October 8, please.

Any questions or to sign up, contact Mary Perloe, [404.217.8201](tel:404.217.8201) or maryperloe@gmail.com. Please RSVP by Sunday, October 16.

Adult Learning for October 2016

Northwest's Adult Learning program is offered on Sunday mornings during Second Hour, from 11:30 am-12:30 pm following the worship service and a 30-minute refreshment break. A variety of learning opportunities are offered on topics as wide ranging as spiritual growth and practice, working for social justice, UU history, pagan belief and practice, environmental and sustainability issues, building community, and practicing our UU principles in our daily lives. Check out Northwest's monthly newsletter and the weekly publications for session titles and locations.

For questions about the adult learning program or session suggestions, contact Laura Hall at laurahallatl@gmail.com or Harry Trendell at geogprof@hotmail.com.

October 2

Share the Plate Presentation: WAWA

Session Leader: Na'Taki Osborne Jelks



Please see page 1 for the full description of our Share the Plate recipient for October and the speaker for October 2.

October 9

No Second Hour due to Northwest's Retreat at The Mountain.

October 16

Open Meditation

Session Leader: Gregory Byrd

Open meditation offers you an opportunity to participate in meditation and to learn about different types of meditative practices, from the spiritual to the scientific. Come learn about the benefits of daily meditation, including stress reduction, mindfulness, and identification of certain thoughts that can negatively affect our lives. Prior experience with meditation is not required. All are welcome!

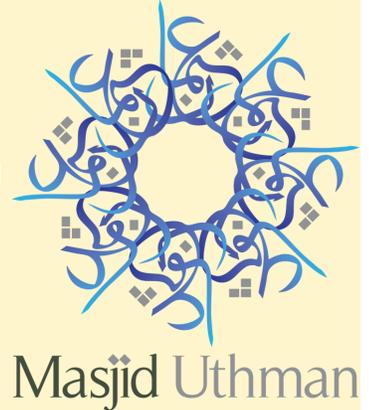


October 16, continued

Workshop: Responding to Islamophobia, Part 1

Session Leader: Earl Daniels

As justice-seeking UUs, we need to know how to respond anytime anyone is oppressed. When is the time and place to speak up when you witness hateful actions or words towards Muslims? How can you stand in solidarity with Muslims? In this *Responding to Islamophobia* workshop, we will explore appropriate ways to intervene when someone is stereotyping Muslims in a narrow-minded way. In addition to a two-part workshop during Second Hour, workshop attendees will also have an opportunity to join with other UUs to observe a prayer service at the Masjid Uthman in Dunwoody and to participate in their visitor orientation.



On October 16, Part 1 of the workshop will consist of a group discussion and introduction to the mosque visit. On October 30, Part 2 will continue discussions, followed by a role-playing exercise co-facilitated by leaders from Masjid Uthman.

Because of the interactive nature of this experience, advanced registration is required. In addition, the number of attendees must be limited. To register, send an email to Laura Hall at laurahallatl@gmail.com. Future workshops will be scheduled if demand exists.

Remember:

- Sunday, Oct. 16 and Oct. 30: Workshop sessions at Northwest during Second Hour.
- Friday, Oct. 21, 1:30 pm-3:00 pm: Visit to Masjid Uthman. (An alternate Saturday visit to the mosque may be arranged if requested.)

Because there is more to learn than we can cover in our brief time together, a handout will be distributed in advance for participants to read at their convenience. This material covers the basics of Islam, takes only about 30 minutes to read, and is a starting point for the discussion to foster greater understanding.

Continued on page 9

Adult Learning for October 2016

October 16, continued

Creativity Lab: Working with Denim

Session Leader: MarKay Appel



What to do when your favorite jeans and tees are too holey, stained or frayed to even donate? Give them new purpose! Come to our Second Hour Creativity Lab session in the Art Gallery.

Learn about the lifecycle of your used clothes and some creative ways to divert them from the landfill. MarKay Appel, who takes her joy from repurposing just about everything, will share some ideas about creating utility and beauty from tattered old work clothes. And she'll have some easy, no-sew or low-sew projects you can make in this hands-on session. All ages are welcome to join us. If you have any old jeans or tees at home, bring them! All ages welcome—these are great family projects. \$2.00 materials fee.

October 23

Fellowship/Small Group Sunday

On the fourth Sunday of each month, we dedicate Second Hour to fellowship, either by way of an extended social time in the lobby or through small group ministry. This is your opportunity to get to know our newer members, engage with our visitors or catch up with old and new friends while enjoying refreshments provided by our wonderful kitchen crew. Fellowship Sunday also provides an opportunity for members of our small groups to meet with one another. Currently we have one small group that meets on the fourth Sunday:

Northwest Senior Network

Session Leaders: Renee and Mike Burke

Are you a senior, retiree, grandparent or caregiver who would like to join with others in similar situations to discuss life issues, provide and receive support, and participate in social activities? If so, the Senior Network is for you! This small group meets each fourth Sunday and at other times, depending on programming. Contact Renee or Mike Burke or just join in the fun on the 23rd!

October 30

Half-Earth: Our Planet's Fight for Life

Session Leaders: Tom and Linda Couch, Earth Ministry Team Leaders

Come view a film that captures the personality and the passion for the sacred web of life of Edward O. Wilson, one of the most influential thought leaders and scientists of the past 60 years. We will follow the film with a discussion of Wilson's plan of action to stop mass extinction of species, including our own, by dedicating half of the Earth to nature. We will also examine why he thinks humans could be poised at this point in our evolutionary and cultural development to come together around this great cause and carry it out.



CUUPS Samhain Ritual and Day of the Dead



Session Leader: Cynthia Flot

Hawks Hoop CUUPS invites the congregation to join us in a ceremony that combines The Day of the Dead and the Pagan ritual of Samhain. At this time of year, we both celebrate and mourn the passing of loved ones, invite their energy into our lives and our homes, and hold them close in our memories. Everyone is invited to bring photos and stories of their loved ones to share as well as small tokens or snacks for the Day of the Dead altar.

The loss of our beloved co-founder, Stan Burch, this year makes Samhain especially meaningful to CUUPS. We will honor his memory by dedicating our ritual circle to him. Please bring your memories of Stan to share during the ceremony. We will gather on the back porch for this ritual at 11:00 am.

Workshop: Responding to Islamophobia, Part 2

Please see description under October 16.

The Hungry Ear Coffee House™ Reopens on October 1!

The Hungry Ear Coffee House™ proudly continues its 27-year history as one of Atlanta's most delightful casual music venues with two great acts on Saturday, October 1: Dusty's Ragtime Band and Bill Kahler. Join us for the first show under new management!

Dusty's Ragtime Band is as fresh as it is familiar, reinventing classic rock and pop favorites in a way uniquely amusing and entertaining. These veteran Atlanta musicians perform in a classic swing-era trio format with leader Dustin Cottrell on piano (who you may know from some summer Sundays at Northwest), Daniel Morrison on the



drums and Neil Newcomb on clarinet.

Our second act brings back Hungry Ear favorite, Bill Kahler. As a professional musician who has performed for more than 30 years,

Bill sings and plays piano and sax (and a number of other instruments) and is a songwriter with five CDs. Bill studied theory, composition and improvisation at Berklee School of Music in Boston and is a past member and coordinator of the Nashville Songwriters Association International.



Doors open at 7:30 pm; the performance starts at 8:00. A \$5 donation is requested and canned goods for the Community Assistance Center are always welcome.

Hungry Ear Coffee House™ Announces New Management Team

After a brief respite to reorganize, the Hungry Ear Coffee House™ is back!

We welcome our new hosts of the coffee house, Troy and Rhonda Lashbrook, both soulful singer-songwriters and performance managers, who have performed on our stage as The Lashbrooks previously. Together they bring great energy and knowledge to our programming and production.

Bob Thacker will coordinate and organize on the Northwest side with the help of a team of committed volunteers. For any questions about the coffee house, please contact Bob at rmthacker@comcast.net.



Fall for The Mountain This Autumn

We hope to see you at the Northwest All Congregation Retreat on Oct. 7-9, but if not, there are plenty of other programs happening at The Mountain that will give you a great view of all those gorgeous leaves!



Youth Cons

A Youth CONference is a gathering of UU youth and advisors from congregations all over the Southeast (and sometimes beyond!) for a weekend program filled with a variety of workshops, activities, good food, a safe environment and warm, cozy cabins.

Youth participate in all the activities, share with new friends in small get-to-know-you groups, bond during free time, participate in fun and reflection and grow spiritually through worship. Children and youth attend Youth CONferences as a part of a congregational sponsored group. Please consult The Mountain notebook or the [website](#) for the specific dates for each age group.



SUUFI-Southern UU Fall Institute

October 2-7

Come for a week-long creative quest to better understand how, at this age of life, we play. We will explore *Creative Play at The Mountain* through games, art, conversation, stories and life styles. The schedule balances mind and body with short morning sessions that link to hands-on, thought-provoking and heart-felt pursuits.



UU Womenspirit

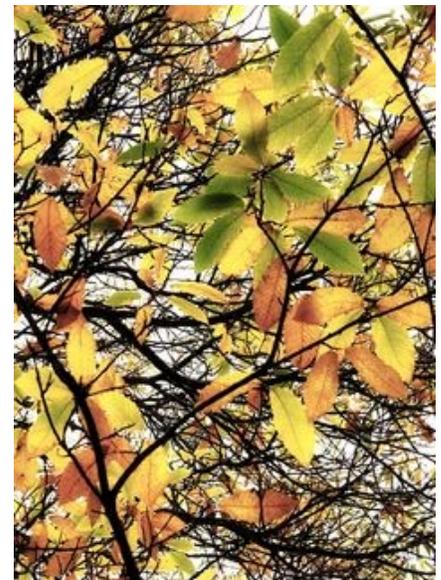
October 19-23

Moon Energy: Rhythm, Mystery, Illumination

An all-women retreat, UU Womenspirit brings women together to strengthen their talents and renew

their energy while exploring the Feminine Divine. Workshops and rituals that nurture the spirit combine in an atmosphere full of community and fun.

In our worship time together, we will explore the six moon phases through meditation, dance, tarot, and goddess rituals from several cultures with a goal to provide space for inner connection each day.



Thanksgiving!

November 23-27

Save the Date for Thanksgiving 2016. Why not leave the cooking and cleaning to us while you enjoy friends, family, and fellowship?

Check The Mountain Notebook on the What's Happening Table in our lobby for dates of the age-specific CONS and details on other programs or go to themountainRLC.org where you can register as well.



Stand on the Side of Love with PRIDE, Oct. 8-9

Atlanta Pride Weekend is October 8-9. Northwest will participate with fellow UU congregations in both the festival and the parade on Sunday. The events take place in and around Piedmont Park and we are looking for commitments from participants.

On Saturday, October 8, we will have a presence at our UU tent/table at the festival. Elevator speeches and disseminating literature are the order of the day. We'll have some fun things like face-painting to attract folks and, if you have a skill like that, it is welcome.

On Sunday, October 9, we will need volunteers for both booth duty and the parade march at noon. There is typically a trailer for those who cannot walk and want to ride. One or more volunteers will remain with the tent. For those attending the congregational retreat at The

Mountain, Rev. Terry is planning to conduct the Sunday service early so that she and others can get back to Atlanta in time to participate in the parade. Contact [Tony Barbagallo](#) for more info and to commit to help with the booth at specific times or to march.

Also in recognition of Pride weekend, the Community Ministry team will have rainbow ribbons to affix to nametags on October 2 and 9. Look for them in the lobby during coffee hour. If you're going on the retreat, remember to get your rainbow ribbon on Sunday, October 2.

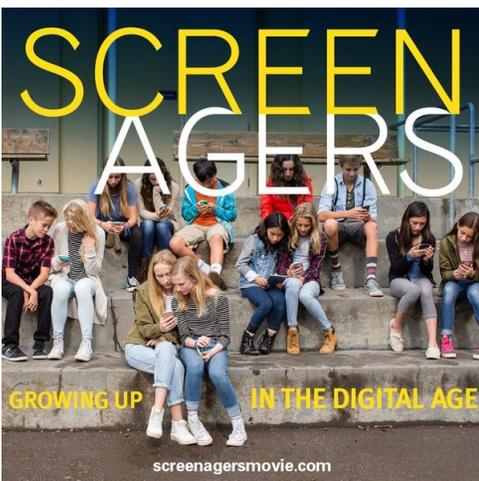


Screenagers at UUCA, October 2

Unitarian Universalist Congregation of Atlanta (UUCA) is thrilled to present *SCREENAGERS: Growing Up in the Digital Age*.

Come see this documentary about the biggest parenting issue of our time on October 2 at 1:30 pm, 1911 Cliff Valley Way. Cost: \$5 for youths, \$7 for adults or \$20 per family.

unexpectedly funny stories along with surprising insights from authors, psychologists and neurologists, *SCREENAGERS* reveals how tech time impacts kids' development and also offers solutions on how adults can empower their kids to best navigate the digital world to find balance.



Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that happening with her own kids and began a quest to uncover how it might impact their development. Ruston takes a deeply personal approach as she probes into the vulnerable corners of family life to explore struggles over social media, video games, academics and internet addiction. Through poignant and

SCREENAGERS addresses the most pervasive parenting issue of our time head on—depicting teen struggles over social media, video games and internet addiction. The film empowers kids to best navigate the digital world and provides practical resources to help them do it.

The Island President, UUCA, October 20

A rise of three feet in sea level would submerge the 1200 islands that comprise the Maldives enough to make them uninhabitable. *The Island President* is a documentary of Maldives President Mohamed Nasheed, a man confronting a problem greater than any other world leader has ever faced—the physical survival of his country and everyone in it.

The film captures President Nasheed's first year of office, culminating in his trip to the Copenhagen Climate Summit in 2009. Nasheed is unusually candid about revealing his strategies—leveraging the Maldives' underdog position as a tiny country, harnessing the power of media, and overcoming deadlocks through an appeal to unity with other developing nations.

Despite the modest size of his country, Mohamed Nasheed has become one of the leading international voices for urgent action on climate change.

The film will be shown at UUCA Third Thursday Cinema on October 20 at 7:00pm. A \$3 donation is suggested for the evening, which includes refreshments and a moderated discussion. Sponsored by the Peace Network.

For questions, please contact solovegren@msn.com. UUCA is located at 1911 Cliff Valley Way, Atlanta, 30329. The film will be shown in room 210.



Want to Get Involved?

USHER CAPTAIN NEEDED

Do you want to work with great people and help ensure our services go smoothly? Consider volunteering as our Usher Captain. We need someone to coordinate our committed team of ushers to make sure we have coverage every Sunday. Most ushers serve the same week each month, so the main duty is finding substitutes when someone is unable to do their regular week and communicating with our minister and the publications team. If you're interested, please contact [Rev. Terry Davis](#).

RE SEEKS ACTIVITY TIME GUIDE

The RE program needs an activity time guide to assist the Acting DRE during the service. This person will help plan and prep Sunday morning activities twice a month. Pay is \$12 per hour and is approximately four hours per month. To apply or find out more, please send a résumé or letter of interest to [Acting DRE Dana Poss](#).

Congratulations to Sarah Dan Jones!

Our former Director of Music, Sarah Dan Jones, was appointed to the Unitarian Universalist Association Board this summer!

These days Sarah Dan serves as the Director of Music for a UU congregation in New Hampshire and travels around the country presenting workshops and worship around "Building Community Through Music." She is also a past president of the UU Musicians Network. Congratulations, Sarah Dan!



October Birthdays and Anniversaries

Birthdays

Ed Kilbourne	10/01
Gregory Byrd	10/02
Lissa Newman	10/04
Logan North	10/05
Karen Reagle	10/07
Jordan Taylor	10/07
Hannah Johnson	10/09
Charlotte Alyea	10/11
Eileen Taylor	10/11
Earl Daniels	10/12
Cathryn DuBow	10/13
Helene Johnson	10/13
Gus Newman	10/13
Tony Barbagallo	10/14
Edward Lawrence	10/17
Terry Davis	10/18
Lynne Dale	10/19
Kathy Frost	10/21
Phoenix Light	10/21
Tami Smith	10/21
Benjamin Manely	10/22
Alison Williams	10/23
Alaine Harris	10/24
Fred Alyea	10/26
Marcia Kreycik	10/26
Julie Jordan	10/27
Laura Hall	10/31



Joining Anniversaries

David Cohen	10/06/2002
Sharon Beecher	10/10/1993
Peggy Emrey	10/11/2015
Helen Borland	10/18/2014
Harry Trendell	10/19/2014
Penny Raney	10/22/1978
Michael Manely	10/28/2004
Shelia Manely	10/28/2004
Nancy Warnick	10/28/1990
Deborah Andrews-Gautney	10/30/2011

UNiverse

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President Elect **Dave Zenner**
Trustees at Large:
Hannah Cowart, Bill Cox, Glenn Koller

Work Day Rocked!

Thanks to the dozens of people who showed up for our Ingathering workday and picnic! We cleaned windows, painted walls, repaired picnic tables, whacked weeds, fixed the driveway and more—completing at least \$2500 worth of work!



October 2

Worship Service, 10:00 am
Activity Time, 10:15 am, CH
RE, 11:30 am, CH
Second Hour, 11:30 am
Coming of Age Family Meeting,
12:30 pm, CH

October 5

Choir, 7:30 pm, Sanctuary

October 7-9

Congregational Retreat,
The Mountain

October 8-9

Atlanta Pride, Piedmont Park

October 9

Worship Service, 10:00 am
Activity Time, 10:15 am, CH

October 11

Book Groupies, 7:00 pm, Art Gallery



October 12

Choir, 7:30 pm, Sanctuary

October 16

Worship Service, 10:00 am
Activity Time, 10:15 am, CH
RE, 11:30 am, CH
Second Hour, 11:30 am

October 19

Choir, 7:30 pm, Sanctuary

October 20

In The Spirit Worship Service,
7:30 pm, Sanctuary

October 21

Visit to Masjid Uthman, 1:30 pm

October 22

Northwest 101, 9:00 am, Chapel

October 23

Worship Service, 10:00 am
Activity Time, 10:15 am, CH
RE, 11:30 am, CH
Fellowship Sunday, 11:30 am
Senior Network, 11:30 am

October 26

Choir, 7:30 pm, Sanctuary

October 29

Dinner and Auction, 6:30 pm, Lobby
and Sanctuary

October 30

Worship Service, 10:00 am
Activity Time, 10:15 am, CH
Samhain/Day of the Dead Ceremony,
11:00 am, Back Porch
RE, 11:30 am, CH
Second Hour, 11:30 am

CH=Chalice House



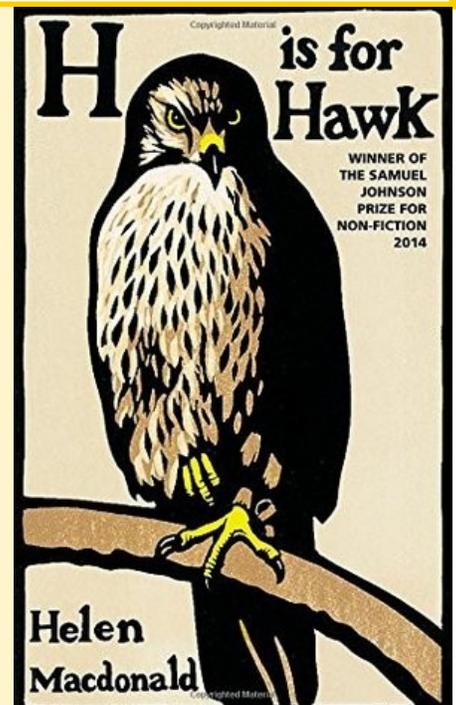
Book Groupies Discuss *H Is for Hawk*, October 11

The Book Groupies will meet at 7 pm on Tuesday, October 11 in the Art Gallery to discuss *H is for Hawk* by Helen MacDonald. This book was on 25 "Best Books of the Year" lists for 2015.

A unique combination of nature writing, personal memoir, literary portrait and bereavement, this is the author's own story of conquering grief after the death of her father through raising and training a fierce goshawk named Mabel.

We have copies available in the bookstore so please buy from Bellwether!

The Northwest Book Groupies meet the second Tuesday of most months. All readers are welcome to join us.





NWUUC NORTHWEST UNITARIAN UNIVERSALIST CONGREGATION

1025 Mt. Vernon Highway, NW, Sandy Springs, GA 30327

A Member Congregation of the Unitarian Universalist Association

October 2016 UNiverse Newsletter

Publications Available Online

If you have a print version of the UNiverse and want more information about any programs featured here or about others happening this month, please go to our website (nwuuc.org) and access the electronic version under the Publications tab. You can use the live links in these electronic publications to easily contact event organizers and while you're there, you can read more about our congregation, its programs and services.

Northwest UUC Mission Statement

Our congregation creates loving community, inspires joy and spiritual growth, and supports courageous action.

Unitarian Universalist Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- ◆ The inherent worth and dignity of every person;
- ◆ Justice, equity, and compassion in human relations;

- ◆ Acceptance of one another and encouragement to spiritual growth in our congregations;
- ◆ A free and responsible search for truth and meaning;
- ◆ The right of conscience and the use of the democratic process within our congregations and in society at large;
- ◆ The goal of world community with peace, liberty, and justice for all;
- ◆ Respect for the interdependent web of all existence of which we are a part.