



## October 2015 UNiverse

# NWUUC

NORTHWEST  
UNITARIAN UNIVERSALIST  
CONGREGATION

## All Congregation Mountain Retreat October 23-25

It's not too late to register for the October 23 - 25 All Congregation Mountain Retreat at The Mountain Retreat and Learning Center, Highlands, NC, about a 2 1/2 hour drive from NWUUC. Adults \$190; youth, 8 - 17 \$70; and children 7 and under free. Members and friends of all ages are invited.

Our theme for this year is "Living the Second Principle." Come learn what we can do as UUs to promote justice and equity in our complex society.



Enjoy six delicious, nutritious meals (Friday supper through Sunday lunch) in the Dining Hall, as well as two pre-dinner Happy Hours with popcorn on the deck. Beautiful fall foliage provided gratis for all to enjoy!

**Friday evening** – Getting to know you and The Mountain.

**Saturday morning** – Workshop on our Second Principle led by President

David Morgen; crafts and games. Planned activities for the kids.

**Saturday afternoon** – Hike, read, talk, meditate, nap – your choice. Express your creativity through new art activities or enjoy crafts and games. Planned activities for the kids.

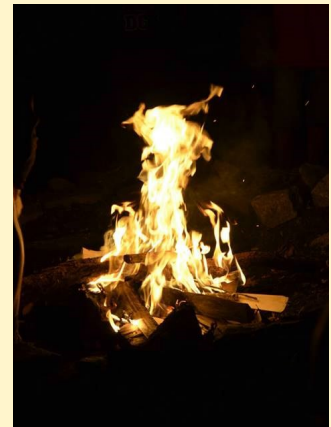
**Saturday evening** – Talent show (think about what you'd like to do) followed by singing around the campfire and s'mores with CUUPS!

**Sunday morning** – Worship service co-led by Rev. Terry Davis and Rev. Anthony Makar from UUCA, assisted by Paul Payne and the Retreat Choir. Stay after lunch and hike some more.

Get to know new friends! Relax in a rocking chair on the deck. Climb the fire tower for a view of four states. Enjoy the charming rustic facilities on top of Little Scaly Mountain. Breathe fresh mountain air. Sit on Meditation



Rock with the spectacular mountain view and sunrise for early risers.



To make your reservation, you can: (1) call Registrar Peter Raoul at [828.526.5838](tel:828.526.5838), (2) e-mail him at [peter.raoul@themountainrlc.org](mailto:peter.raoul@themountainrlc.org), or (3) register online at [www.themountainrlc.org](http://www.themountainrlc.org).

We look forward to seeing you at The Mountain. After such a fabulous weekend you will be doing your happy dance into work Monday morning!

Questions? contact Mani Subramanian, [678.488.0524](tel:678.488.0524) or [manis@mani-ruth.com](mailto:manis@mani-ruth.com), or Rebecca Cabral, [770.446.8687](tel:770.446.8687) or [cabralrj@bellsouth.net](mailto:cabralrj@bellsouth.net).

Need partial/full scholarship? Let Mani Subramanian know your financial need.

# October 2015 Worship Services

## Reflecting on Life Cycles

Service at 10:00 am

**The Nursery is staffed and available during services and Fellowship.**

Sunday worship services may be led by our minister, Rev. Terry Davis, guest ministers or members of the Northwest Worship Associates team.

Additional information about the coming week's service is published in the weekly NeUUs and on our website. Not getting the NeUUs? Contact Office Administrator Shirley Banks at [office@nwuuc.org](mailto:office@nwuuc.org) to sign up.



### October 4 – Growing Old Isn't for Sissies

Worship Leader – Rev. Terry Davis  
Worship Associate – Tony Barbagallo  
Music – The Northwest Band

Actress Bette Davis said it. And, while her famous quote may elicit a chuckle, it also points to the serious side of getting older and the challenging life changes it brings. Whether you're a senior or a young adult, our aging or that of someone we love has a profound impact on our lives. How might we prepare our spirits for this journey?

*Worship this Sunday will be "café-style." Coffee, other beverages and light snacks will be available before the service . . . and you are welcome to bring them into the Sanctuary during the service. Please see page 14 for more details.*

### October 11 – A Good Life, A Good Death

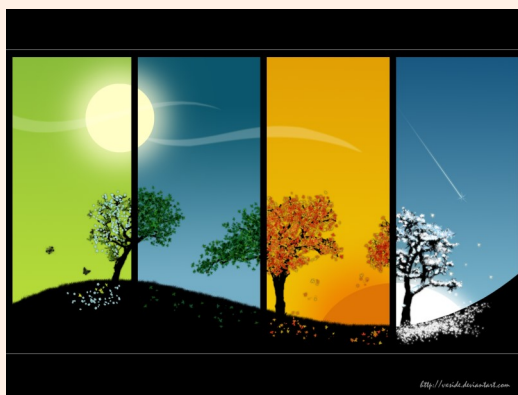
Worship Leader – Rev. Terry Davis  
Worship Associate – Glenn Koller  
Music – The Northwest Choir

We read and hear a lot about the priorities and activities that make for a good life – meaningful friendships, taking care of our physical and mental health, learning and experiencing new things. What must we do to have a good death? Are the priorities the same – or are there other considerations?

### October 18 – What Season Are You In?

Worship Leader – Rev. Terry Davis  
Worship Associate – Neal Steffin  
Music – The Northwest Band and Choir

It's fall . . . and each season has its own characteristics. If life cycles are like seasons, what season are you in? What gifts and challenges does this season of your life hold? How can we embrace the joy and pain of what life is presenting us now?



# October 2015 Worship Services

## Reflecting on Speaking Truth to Power

Service at 10:00 am

### October 25 – Holding the Center

Worship Leaders – David Stewart and Letitia Sweitzer  
Music – Will Fowler

Mid-life is often a time of responsibilities, especially for our children and aging parents. Long term intergenerational obligations can feel overwhelming, but offer opportunities for spiritual practice and deepening family relationships. How can we apply our principles to intergenerational family life to offer the best of who we are for our children and our parents?



### November 1– We Remember Them

Worship Leader – Paul Payne  
Worship Associate—Stan Burch  
Music – The Northwest Band

A number of cultures and spiritual traditions use this time in mid-Autumn to remember those who are no longer living. On this Day of the Dead, we will explore ways in which we can remember those who died in recent years as well as those that departed in the distant past. Can taking the time to remember help us hear what their lives might be telling us?

*Don't forget that November 1 starts Daylight Saving Time. Turn your clock back on Sunday morning (from 2:00 AM to 1:00 AM). And, sleep in an extra hour before arriving to service on Sunday!*



## UUA Common Read and First Sunday Sermon Series Coming in January 2016

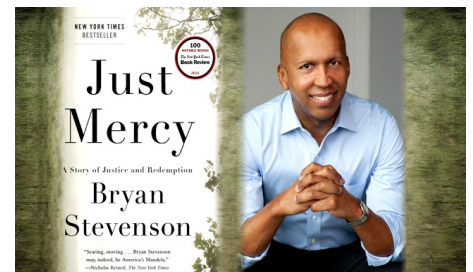
Join Rev. Terry Davis and your fellow Northwest members and friends as we participate in the UUA's "Common Read" program . . . and Rev. Terry Davis presents her annual "First Sunday" sermon series starting in January 2016 to explore the selected book's themes in greater depth.

The 2015-16 Common Read selection is *Just Mercy*, by Bryan Stevenson, a *New York Times* bestseller and the winner of the Carnegie Medal for

Nonfiction. Stevenson was a young lawyer when he founded the Equal Justice Initiative, a legal practice dedicated to defending those most desperate and in need: the poor, the wrongly condemned, and women and children trapped in the farthest reaches of our criminal justice system.

*Just Mercy* is at once an unforgettable account of an idealistic, gifted young lawyer's coming of age, a moving window into the lives of those he has

defended, and an inspiring argument for compassion in the pursuit of true justice. Copies of *Just Mercy* will be available soon at Northwest's Bellwether Bookstore.





# Spicing Up Worship

Dear Friends,

Many of us are likely familiar with the expression “Variety is the spice of life.” That familiar line puts a positive spin on experiencing change, which can be both exciting and frightening.

Changes in our lives may call on our spirits to provide us with different things. Going through marital difficulties, the death of a loved one, serious health challenges, or financial problems require patience, strength, courage and wisdom – perhaps in ways we haven’t needed them before.

Or, for those of us raising children, we may be finding it a struggle to make Sunday mornings a family spiritual experience. Our kids may find Sunday services boring and we may wonder if it’s possible to introduce them to a worship experience that is meaningful for the entire family.

To address these changing and particular needs of the Northwest congregation, as well as to simply add a little spice to our worship offerings, two new worship experiences are being launched in 2015-16.



The first, “In the Spirit,” is a contemplative worship service that is being

held in the evenings on the third Tuesdays of every month through May 2016. The first “In the Spirit” service was held in the Northwest Sanctuary on September 15. It featured candlelight, simple, mystical hymns, short and thoughtful readings, and long periods of silence. It was pure heaven for me and – I gathered – for the seven or so people that joined Music Director Tom Godfrey and me that evening.

While Unitarian Universalist in content and character, “In the Spirit” is modeled loosely after Christian [Taizé](#) worship services which are held by an ecumenical monastic community in Taizé, France. The community has become an important site of Christian pilgrimage, with more than 100,000 young people from around the world traveling there each year for prayer, Bible study, sharing and communal work.

My hope is that “In the Spirit” will appeal not only to Northwest members and friends who long for a simple, quieter worship experience, but also to members of the wider inter-faith community seeking the same.

The second new worship service at Northwest is “Worship Café,” which will be held on the first Sunday of most months during the regular 10:00 AM worship hour starting in October.

Worship Café is intended to provide a less formal worship experience that will focus on fellowship and appeal to all ages. This “interactive” service will serve breakfast foods and beverages prior to the service, which can be brought into the Sanctuary during



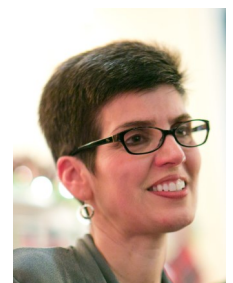
worship. It will offer an opportunity for children to “artfully” express their thoughts and feelings about their worship experience during the service with crayons and butcher paper. And, there’ll be a time during the service for sharing thoughts about that day’s “message,” as well as lots of opportunities for singing and learning new songs with The Northwest Band.

Why are we doing all of this? In addition to the regular Sunday 10:00 AM service, Northwest members and friends already have had wonderful opportunities to experience earth-centered worship services thanks to the efforts of the congregation’s CUUPS group (Covenant of Unitarian Universalist Pagans). These new offerings are just two more ways of acknowledging that, when invited, the holy can and does show up in many different ways.

Spice for the spirit is a beautiful thing. I hope you’ll try sprinkling a few new worship services into your regular diet in the days ahead . . . and see what happens.

Warmly,

*Terry*  
Rev. Terry Davis



# Three Bags

One of the best things about being a freelance musician is the variety of work. A short list of weekly activities includes practicing, teaching lessons, rehearsing, playing gigs, and of course all the things that go into being Northwest's music director, including rehearsals with the choir or band, planning those rehearsals, writing arrangements, meeting with the staff, supervising the sound system, and much more. I am rarely bored!

With all this going on, it's easy to lose track of deadlines or priorities. When we began the new program year in August, I found myself off track and out of focus. What to do?

I bought three bags.

I bought three bags for logistical reasons. I have three main areas of work: teaching, performing, and church music. With just one bag, I had to constantly empty it and refill it, depending on what I was doing that day. If I played a gig on Saturday night, I

would have to repack it on Sunday morning. Then I would have to repack it again for teaching on Monday. I spent more time than I would have liked emptying out that bag and refilling it again.



By using a separate bag for each major area of work, I predictably found myself spending less time packing and unpacking. What I didn't expect was that I began to be able to separate my areas of work more easily. The contents of my bags don't mix anymore. Similarly, my teaching, performing, and "churching" don't bleed into each other as much as they used to.

It's not that I stop thinking about Northwest when I am doing other things, but I can put it aside. For example, maybe I'll get an idea for the

Northwest Band while I'm practicing guitar. Instead of pursuing that idea right then and there and taking away from my valuable practice time, I'll jot down my idea and resume practicing. Later on, when I've blocked out some time for Northwest work, I'll follow up on my idea.

Performing, teaching, and Northwest – each area of my work life is getting more and more complicated. But the bags help.

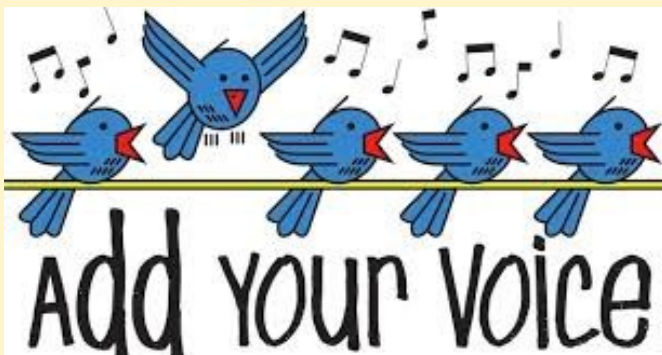
Tom Godfrey

Director of Music



# Join-in Choir!

Northwest is offering a new musical opportunity for singers who are unable to attend Wednesday choir rehearsals. Last month, we had our first Join-In Choir. Here is what you need to know:



Join-In Choir meets the third Sunday of every month for a 9:00-9:30 rehearsal.

- You will be singing with the regular Northwest Choir and the Northwest Band.
- The music will be fun and easy to learn. You don't have to know how to read music.
- Singers of ALL ages are invited. This is a terrific opportunity for families to sing together!

If you are interested in Join-In Choir, contact Tom Godfrey at [music@nwuuc.org](mailto:music@nwuuc.org) or call/text 404.718.9894.

## There's A Lot Going on in RE!

The children are very busy this month! They will attend Worship Café on the first Sunday with Activity Time to follow; on the second Sunday we encourage families to attend the Pride Parade; on the third Sunday they can experience worship at their level with Children's Chapel followed by a chance to visit WAWA (West Atlanta Watershed Alliance) with the rest of the congregation; and on the last Sunday of the month, we will hold our annual NWUUC congregational retreat at The Mountain with special programming for children.

I look forward to The Mountain and spending time with the children we will have in attendance. The leaves should be at their peak and I'm sure the colors will be spectacular. The congregational retreat allows me to spend more quality time with each child, their parents and many of the other congregants. I enjoy the fun and laughter with the children, the spiritual comfort The Mountain brings me and the talent show, which always

gives me a moment where I say, "WOW, I didn't know they could do that!"

To highlight an ongoing effort to teach the children what it means to care and react to other's needs, we will soon begin our collection of gently used coats, hats, gloves and scarves to donate to MUST Ministries. This year the children decided to create a sock and blanket tree to collect even more warm articles of clothing for donation.



The Thanksgiving and Christmas holidays are fast approaching. (Can you believe it?) I am currently looking for a new pageant for the children to perform on December 16. It's one of my favorite things to do, as I imagine all

their hard work coming together in a performance they are proud of.

It is an exciting time of year indeed! We continue to seek volunteers for the RE program, from teachers to activity time and nursery support. As our program grows and our classes fill, our need for adults to support our staff increases. Please contact me if you can spare even one Sunday every month or two to help us keep our children happy and safe. Please remember that Children's RE happens AFTER our worship service so that volunteers can attend the Sunday service.

*Elizabeth Hickman*

Director of Religious Education



## A Hole in the Wall!



There were lots of smiling faces in September as volunteers got the first peek at the giant hole in the wall between the activity room and the 2<sup>nd</sup> -3<sup>rd</sup> grade classroom. Big thanks go to John Hagler, Larry Wallace, Bob Thacker and Glenn Koller for helping to expand the activity room for Sunday mornings. As our numbers have grown we have struggled to accommodate the children in a room that just wasn't big enough any longer. Now we can open the area for more room and will soon be able to close an expandable door to section the rooms off again. Also thanks to Marcia Kreycik for painting the walls and Keith Kreycik for laying the carpet! What a GREAT addition for the Chalice House!



# Lunch with TED: Help Refugees Rebuild Their World, October 21

Today's refugee crisis is the biggest since World War II, and it's growing. When this talk was given, 50 million people had been forcefully displaced from their homes by conflict and war. Now, a year later, the number is 60 million. There were 3 million Syrian refugees in 2014; now there are 4 million. Inside this overwhelming crisis are the individual human stories — of care, growth and family, in the face of lost education, lost home, lost future. Melissa Fleming of the UN's refugee agency tells the refugees' stories — and asks us to help them rebuild their world.

Come to Lunch with TED on Wednesday, October 21, from 11:45 am till 1:15 pm for discussion and fellowship in the Art Gallery. You can preview this [TED Talk](#) or just come and watch it with us.

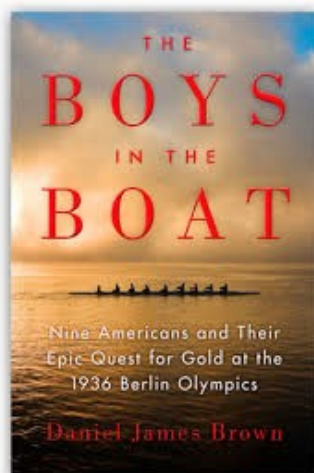


## Book Groupies Meet on Oct. 13

The Northwest Book Groupies will meet October 13 at 7 pm in the Art Gallery to discuss *The Boys In The Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics* by James Brown.

This is the kind of nonfiction book that reads like a novel. A "character-driven story . . . that will have you racing to the finish" and a tale "about determination, bonds built by teamwork, and what it takes to achieve glory." Comparisons to *Seabiscuit* and *Unbroken* in its ability to transcend the subject matter explain its place on so many best seller lists since its publication.

Copies are available in our Bellwether Bookstore.



## UNiverse

UNiverse is published monthly by the Northwest Unitarian Universalist Congregation  
1025 Mount Vernon Highway, NW  
Sandy Springs, GA 30327  
([www.NWUUC.org](http://www.NWUUC.org))

Northwest is a member congregation of the Unitarian Universalist Association.

**Newsletter submissions deadline: 15th of the previous month.**

Send to [nwuupublications@gmail.com](mailto:nwuupublications@gmail.com)

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### Board of Trustees

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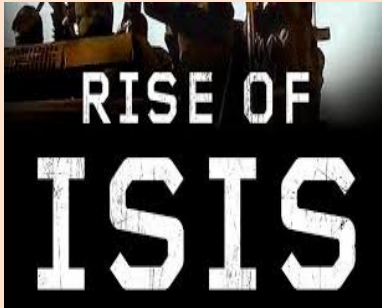
**Glenn Koller**

**Roland Dewitt**

# The Rise of Isis, October 15

How did ISIS become a major force so quickly? And what does it mean for the U.S. and coalition forces to be back in Iraq, fighting a new war on terror?

Third Thursday Cinema presents *The Rise of Isis* on Oct. 15 at 7:00 pm at the UUCA. *The Rise of Isis* is a major, in-depth PBS investigation of the brutal terrorist group's ascent, from veteran journalist Martin Smith. It investigates the miscalculations and mistakes behind the rise of the ruthless jihadist group. This documentary lays out, in chilling detail, the buildup of unheeded warnings, failures, and missed opportunities that allowed al-Qaeda in Iraq to become ISIS," says Smith, who was on the ground in Iraq when the U.S. began airstrikes [in the summer of 2014].



In *The Rise of ISIS*, Smith draws on comprehensive interviews with Iraqi politicians, American policymakers and military leaders (including Chairman of the Joint Chiefs of Staff Gen. Martin Dempsey, Deputy National Security Advisor Ben Rhodes and former Secretary of Defense Leon Panetta) to explore and explain how ISIS developed into what one interviewee calls "the al-Qaeda that Osama bin Laden only dreamed of building."

A \$3.00 donation is suggested for the evening, sponsored by the UUCA Peace Network, which includes refreshments and a moderated discussion. For questions, please contact [solovegren@yahoo.com](mailto:solovegren@yahoo.com).

The Unitarian Universalist Congregation of Atlanta is located at 1911 Cliff Valley Way NE, Atlanta. Enter top steps. Proceed down left hallway to last room on the left, Room 210.

## 7 on the 7th Goes to WAWA on Oct. 18

7 on the 7th lifts up our seventh principle and instills "respect for the web of all existence of which we are a part." The seventh principle also demonstrates an appreciation of nature's beauty, excitement, and mystery.

On Sunday, October 18, please pack a lunch and join us after the service on a field trip to West Atlanta Watershed Alliance (WAWA). The WAWA Outdoor Activity Center strives to improve the quality of life within the West Atlanta Watershed by protecting, preserving and restoring the community's natural resources. WAWA represents primarily minority neighborhoods in Northwest and Southwest Atlanta that are inundated with environmental stressors, but are underrepresented at environmental decision-making tables.

Enjoy your lunch at the Outdoor Activity Center picnic tables and then visit the informative displays of local wild-life and plants inside or help plant flowers or trees outside. We will leave from Northwest at 11:45 am. If you need help finding transportation, please contact Elizabeth Hickman at [re@nwwuuc.org](mailto:re@nwwuuc.org).

## Children's Chapel on October 18

Our youngest Northwest members get a chance to experience all the warmth and magic that Sunday worship can be! Rev. Terry Davis, along with Director of Music Tom Godfrey and Director of Religious Education Elizabeth Hickman lead a fifteen-minute, kid-friendly worship service starting at 11:30 am in the Chapel.

All children are welcome. They'll be invited to sing our favorite hymns, hear a story and message, and participate in their own rituals . . . just like the grown-ups do! Adults are welcome, too.

Afterwards, please join us for our all congregational Northwest field trip to West Atlanta Watershed Alliance (WAWA).





# “Donate the Plate” Becomes “Share the Plate” Starting in November

The Board of Trustees approved a new approach for contributing to social justice organizations emerging among UU congregations nationally. On one Sunday each month, we have been donating 100% of plate cash and undesignated contributions to a justice cause. Our new approach will be to “Share the Plate” (STP) every Sunday with 50% of the undesignated monies going to a justice cause and 50% to Northwest’s operating budget.

## **You might ask: Why change it at all?**

We recognize that not every member attends the “Donate the Plate” (DTP) Sunday and may miss the opportunity to contribute. Even if present, they may not have come prepared with cash or a personal check. STP increases the window of opportunity to contribute. We also have a chance to learn more about the specific cause.

## **But won’t this decrease cash and pledge donations to Northwest?** At a

stewardship leadership conference last spring, Brian Freeman learned that congregations that “Share the Plate” throughout the month experienced substantial increases in contributions compared to congregations that held a once-a-month “Donate the Plate” approach as done by Northwest.



“Share the Plate” congregations uniformly experienced an increase in contributions for both the congregation and the recipient organization. The reason may be increased opportunities for members to contribute to the recipient, each week, rather than once a month. Perhaps by providing a

worthy sponsored organization, members found it easy to increase their charitable donations, in addition to their pledge.

**How do I designate where my plate contribution goes?** The mechanics of STP are slightly different than today’s DTP. If you wish to contribute, you may add cash to the plate on any Sunday or you may write a check with no note in the memo line. These contributions will be split between Northwest and the recipient evenly. If you wish 100% of your contribution to go to the recipient, note the name of the recipient or “STP” in the memo. As always, checks with “pledge” in the memo will go toward your pledge.

Northwest will begin “Share the Plate” next month. Social Justice MTL Marcia Kreycik asks everyone to consider making a generous contribution to STP on one of the Sundays in November.

## Dining for Women, October 18

Calling all Women! Join us for our October Dining for Women gathering. We will get to know one another and learn about and support The Amazon Community Based Participation Cervical Cancer Screen-and-Treat Program.

The program delivers an innovative cervical cancer screen-and-treat program in the

remote, low-resource setting of the Lower Napo River of the Peruvian Amazon jungle by educating and investing in the training of local service providers and collaborating with local health

services. For more information, please check out the [program website](#).

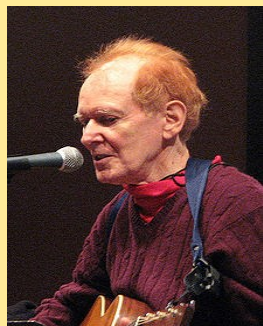
The October dinner is Sunday, October 18, 5-7 pm.

“You can always tell the health of a village by the health of its women.”



Please contact [Mary Perloe](#) (404.217.8201) for more information, dinner location and to sign up!

# Jazz Classics and Folk Tunes at The Hungry Ear Coffee House™ on October 3



Frank Hamilton, co-founder of the Old Town School of Music and Bill Rappaport, former second chair clarinetist for the Atlanta Symphony Orchestra, put together a night of swing/jazz tunes from the Great American Songbook for the Hungry Ear Coffee House™. Classic tunes from the likes of Cole Porter,

George Gershwin, Johnny Mercer, and Jerome Kern take on a jazzy style with Frank playing acoustic guitar and Bill playing clarinet.

For the second act, singer and songwriter Pat Terry brings his Americana sound to Hungry Ear. He grew up in the groundbreaking days of American rock 'n roll influenced by the music of Johnny Cash, Elvis Presley, and Johnny

Horton. His songs have been recorded by a variety of well-known country and gospel artists, including Tanya Tucker, Travis Tritt, The Oak Ridge Boys, The Gaither Vocal Band, and Alan Jackson. Terry's CD, "Laugh For A Million Years," showcases a matured writing style and a continuing creative curiosity that has been his hallmark since the first of his seven albums was released in the 70s.

This month's coffee house will be on Saturday, October 3 in the Northwest Sanctuary. The performance begins at 8:00 pm and doors open at 7:30. Please consider a donation of \$5. Canned goods for the Community Assistance Center (CAC) are also happily accepted.



## Events at the Mountain

### Southern UU Fall Institute (SUUFI): October 4 - 9

An award-winning storyteller and a UU minister together inspire us to a destination of "A Renewed Sense of Self and Potential," a state of fresh thinking, new approaches, new understanding, aligned purpose and meaningful action. Balancing cerebral with sensual, SUUFI offers plenty of hands-on and heart-engaging activities at The Mountain.

Choose from four, five and six-day packages priced at \$370, \$465, and \$560, respectively. Register [here](#).

### UU Womenspirit: October 14 - 18

This all-woman retreat celebrates the Feminine Divine in her many forms. This fall's retreat focuses on how **Love Matters**. Spirit-nurturing workshops

and rituals are combined in an atmosphere full of community and fun at The Mountain. All women age 18 and older are invited to attend. For more information or to register, go to [uuwomenspirit.org](http://uuwomenspirit.org).



**Youth CONs:** A Youth CON is a gathering of youth from congregations all over the southeast (and sometimes beyond!) for a weekend program filled with a variety of workshops, activities, good food, a safe environment and warm, cozy cabins. Youth participate in all activities, share with

new friends in small get-to-know-you groups, bond during free time and contribute to times of fun and reflection. Contact [Elizabeth Hickman](#) for details.

- Elementary (3rd – 5th graders): November 13 - 15
- Intermediate (6th – 8th graders): November 20 - 22
- Senior High (9th – 12th graders): December 4 - 6

**Thanksgiving: November 25 - 29** Join us on The Mountain this year for Thanksgiving! Let us take care of the cooking and cleaning while you enjoy this time of thanks. Packages available for commuters, short stays, and three- and four-day stays. Go to <http://themountainrlc.org/programs/> for more information.

# “In the Spirit” Worship Service, Tuesday, October 20



Do you long for a meditative worship experience? One that uses candles, prayer, and simple singing to soothe you and help you connect to the deepest part of yourself?

If you do, join us at 7:30 pm on Tuesday, October 20 (and the third Tuesday of each month) for Northwest’s new contemplative worship experience. Called “In the Spirit,” it will be a brief service (approximately 30 minutes) led by Rev. Terry Davis and Music Director Tom Godfrey. For more information, contact Rev. Davis at [minister@nwuuc.org](mailto:minister@nwuuc.org).

## Northwest 101 Meets October 17

Want to learn more about Unitarian Universalism in general and the Northwest UU Congregation in particular? Wondering if membership might be the next right step for you - or you'd simply like to meet other seekers like yourself?

You're invited to join us on Saturday, October 17, from 9 am—noon in the Chalice House Chapel for our semi-annual **Northwest 101** class, starting with a light breakfast.

The program will include presentations from Rev. Terry Davis (Your Spiritual Journey), Mary Perloe (membership); board president, David Morgen (board structure); and Allen Rider (finance). There'll be ample time for questions (and answers) and an opportunity to meet other newcomers. Child care is provided with two weeks' advance notice (by Saturday, October 3 please).

Any questions or to sign up, contact Mary Perloe, [404.217.8201](tel:404.217.8201) or [maryperloe@gmail.com](mailto:maryperloe@gmail.com). Please RSVP by Sunday, October 11.



## Join Us at Atlanta Pride Parade, October 11



Last fall a sea of yellow Standing on the Side of Love shirts flowed down the Atlanta Pride parade route in support of our LGBTQ community. This fun high-energy event will be extra festive this year with the celebration of Marriage Equality. Imagine what

the 2015 parade could look like if we all participated this year! On October 11, Sunday service will end at 11 am followed by fellowship time. There will be no RE/ Second Hour so we can all participate in the parade. We will carpool to MARTA since there is NO parking available downtown! A trailer will be available for those UUs who cannot walk the 2 ½ mile course.

This year the Atlanta Pride Festival is on October 10 and 11. This gay, lesbian and transgender extravaganza includes live entertainment, cultural exhibits, the famed Pride parade and the Pride Marketplace featuring more

than 200 vendor booths, as well as tons of restaurant and bar promotions. To learn more go to the festival [website](#).

Volunteers are still needed to staff the UU Pride booth in Piedmont Park and to help with the Bucket Brigade to collect money for our UU Pride Fund on Oct. 10 or 11.

If you have any questions or suggestions, contact [Marcia Kreycik](#), Northwest's Pride coordinator this year. Detailed information will be available on the What's Happening Table. Remember to wear your yellow shirt!



# October Second Hour

## October 4

### Open Meditation

Session Leader: Gregory Byrd

Zen Buddhist Meditation is now Open Meditation! This title better reflects the wide variety of people interested in meditation and includes those simply seeking calmness of mind. Join us as we try out different meditation practices and bring new avenues of exploration into our spiritual and emotional lives. Whether you've been meditating for years, or would like to tap into this spiritual practice for the first time, you are welcome.



## Northwest Visioning

### Session Leader: David Morgen

Stay for the first in a series of focused, engaging conversations about our vision for the future of Northwest.

## October 11

### Atlanta Pride Parade

Due to participation in the Atlanta Pride Parade, no Second Hour activities are scheduled this Sunday.



## October 18

### Open Meditation

Session Leader: Gregory Byrd  
Please see October 4 description.

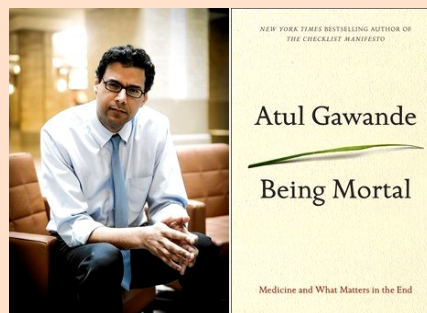
### What Matters in the End

Session Leader: Rev. Joan Armstrong Davis

Rev. Joan Armstrong Davis will begin a three-part series discussion on the book *Being Mortal: Medicine and What Matters in the End* by Atul Gawande.

Gawande's basic premise is that while the medical profession focuses on extending life, most of us desire to live a good life right to the end. The sessions will cover such issues as aging, healthcare and housing choices, hospice and, most important perhaps, the difficult conversations to be had with family and others who are often impacted by these issues. The second session of this series is scheduled for November 1, and the last will occur in early 2016.

To get the most out of the discussions, you are encouraged to read *Being Mortal* prior to the first session. The book is available in our Bellwether Bookstore.



### Creativity Lab

The Creativity Lab will take a short hiatus during October. Instead, leaders Helene Johnson and Pam Zenner

encourage you to attend the three-part Second Hour discussions on the book *Being Mortal: Medicine and What Matters in the End* led by Rev. Joan Armstrong Davis. (See above.) On November 15, as follow-up to these discussions, the Creativity Lab will conduct a mural-making activity in which you can create art, the written word, or both, about your thoughts and feelings surrounding the issues of aging and death. Once completed, the mural will be displayed in the Art Gallery for sharing with the rest of our Northwest community.



## October 25

### Fellowship Sunday

Fellowship Sunday is all about making personal connections and building community. It's your time to share a leisurely cup of coffee with old friends, engage with visitors and newer members, browse Northwest's Bellwether Bookstore, or meet with one of Northwest's Small Groups. Or you might choose to expand your fellowship by taking it outside our four walls and into the wider community by participating in an off-site social justice or environmental issues activity with like-minded friends. However you decide to spend it, this time is for you, to connect, to build, and to grow!

*Continued on page 13*

# More Second Hour Offerings

## October 25

*Small-Group Meetings on Fellowship Sunday:*

### Northwest Seniors Network

Session Leaders: Renee and Mike Burke

Members of the Northwest Senior Network who are not at The Mountain retreat will meet at 11:30 am in the Art Gallery for an open forum on whatever comes up or just to socialize! Anyone interested in joining the group of 41 members can e-mail [reneeandmike@mindspring.com](mailto:reneeandmike@mindspring.com).

The group's two ongoing activities are the Hungry Ear Coffee House on the

first Saturday of each month and the monthly meeting on the fourth Sunday, with other activities in between.



### CUUPS Discussion Group

Session Leader: Stan Burch

The Covenant of Unitarian Universalist Pagans (CUUPS) is an organization

dedicated to networking Pagan-identified UUs, educating people about Paganism, promoting interfaith dialogue, developing Pagan liturgies and theologies, and supporting Pagan-identified UU religious professionals.

Northwest's Hawk's Hoop CUUPS group invites you join in a continuing discussion of *Pagan Visions For A Sustainable Future* edited by Ly de Angeles & others. You can purchase the book at Northwest's Bellwether Bookstore.

## Build with Habitat on October 17 or 31

Northwest UUC's Justice Ministry is excited to take our Share the Plate to another level. This summer we raised funds for Habitat for Humanity. Now we have the honor of being invited to participate in the building process! We will join Habitat homeowner Ms. Colvard and her son in making her family's dream come true.

Whether you have construction experience or not, please join our team! We need about 10 members to participate on October 17 and October 31 from 7:30 am - 3:30 pm in East Point. Lunch is provided. Please sign up soon on [Doodle Calendar](#) so we can let Habitat know how many can come. Marcia Kreycik will send you a waiver form once you sign up.



## Let Your Voice be Heard! Congregational Survey

The Committee on Ministry is conducting a congregational survey to assist in the delivery of services to our congregation. We hope you will complete the survey so that your voice will be heard.

The 10 question survey should take less than four minutes to complete, and runs from Sept. 27 to Nov. 1. It will be sent to Members and Friends via email using Survey Monkey. The survey is not anonymous. However, only the Committee on Ministry (Michael Dierickx, Jay Kiskel, Allison Trendell Williams and Darrick Alford) will have access to individual survey information. Your individual responses will not be made public.

Paper surveys will be sent to people who do not have an email registered in our church Realm database. We will also set up computers in the lobby after services on Oct. 11 and Oct. 18 so you can have easy access to the survey.

If you wish to provide additional comments, you are encouraged to send an email to Michael Dierickx, Chair of the Committee on Ministry at [dierickx24@gmail.com](mailto:dierickx24@gmail.com). Results will be presented at our December congregational meeting.

# Worship Café Multigenerational Service, Oct. 4



Coffee, juice, mini-bagels, café-style tables and chairs, butcher paper and crayons for the kids – all in the Sanctuary during the 10:00 am worship service.

and a different kind of “sermon” about growing up and growing older that will have meaning for us all. For more information, contact Rev. Terry Davis at [minister@nwuuc.org](mailto:minister@nwuuc.org).

*What?* Yep . . . it’s Worship Café, a new multigenerational worship led by Rev. Terry Davis. Join us for singing

## Cookout on October 10

Please join Northwest for a potluck cook-out on October 10 (Saturday) from 4 to 7 pm. We will supply the hamburgers and hot dogs and ask that you bring an item to share. There will be food, games, laughter and conversation on the patio of Northwest, so please join us for the fun. Everyone is invited!



## October Birthdays and Joining Anniversaries!

### Birthdays in October

Ed Kilbourne	10/01	Alison Williams
Gregory Byrd	10/02	Fred Alyea
Lissa Newman	10/04	Marcia Kreycik
Logan North	10/05	Julie Jordan
Karen Reagle	10/07	Laura Hall
Jordan Taylor	10/07	
Hannah Johnson	10/09	
Charlotte Alyea	10/11	
Eileen Taylor	10/11	
Cathryn DuBow	10/13	
Helene Johnson	10/13	
Gus Newman	10/13	
Tony Barbagallo	10/14	
Edward Lawrence	10/17	
Lynne Dale	10/19	
Kathy Frost	10/21	
Phoenix Light	10/21	
Tami Smith	10/21	
Benjamin Manely	10/22	



### Anniversaries in October

10/23		
10/26	David Cohen	10/06/2002
10/26	Sharon Beecher	10/10/1993
10/27	Helen Borland	10/18/2014
10/31	Lyn Ucci	10/18/2014
	Harry Trendell	10/19/2014
	Penny Raney	10/22/1978
	Michael Manely	10/28/2004
	Shelia Manely	10/28/2004
	Nancy Warnick	10/28/1990
	Deborah Andrews-Gautney	10/30/2011





**October 3**

**Hungry Ear Coffee House™**, 8:00 pm, Sanctuary

**October 4**

**Worship Café**, 10:00 am  
**Activity Time**, 10:15 am  
**Second Hour**, 11:30 am  
**Religious Education**, 11:30 am  
**SUUFI**, The Mountain

**October 7**

**Choir Practice**, 7:30 pm, Sanctuary

**October 10**

**Cookout**, 4:00 pm to 7:00 pm, Northwest Grounds

**October 11**

**Worship Service**, 10:00 am  
**Activity Time**, 10:15 am  
**Pride Parade/No RE or Second Hour**, 11:30 am

**October 13**

**Book Groupies**, 7:00 pm, Art Gallery

**October 14**

**Choir Practice**, 7:30 pm, Sanctuary  
**WomenSpirit**, The Mountain

**October 15**

**The Rise of ISIS**, 7:00 pm, UUCA

**October 17**

**Habitat for Humanity**, 7:30 am  
**CAC Food Bank**, 8:30 am  
**Northwest 101**, 9:00 am, CH Chapel

**October 18**

**Worship Service**, 10:00 am  
**Activity Time**, 10:15 am  
**Second Hour**, 11:30 am  
**Children's Chapel**, 11:30 am  
**WAWA or Activity Time for Children**, 11:45 am  
**Seven on the 7th at WAWA**, 11:45 am  
**Dining For Women**, 5:00 pm

**October 19**

**Board Meeting**, 7:00 pm, Founders Room, CH

**October 20**

**In the Spirit**, 7:30 pm, Sanctuary

**October 21**

**Lunch with TED**, 11:45 am, Art Gallery  
**Choir Practice**, 7:30 pm, Sanctuary

**October 22**

**Third Thursday Cinema**, 7:00 pm, UUCA

**October 23-25**

**NWUUC Retreat**, The Mountain

**October 25**

**Worship Service**, 10:00 am  
**Activity Time**, 10:15 am  
**Fellowship Sunday**, 11:30 am  
**Religious Education**, 11:30 am

**October 28**

**Choir Practice**, 7:30 pm, Sanctuary

**October 31**

**Habitat for Humanity**, 7:30 am

*CH=Chalice House*

## Name Tag News

Help everyone get to know you and remember your name: Wear your name tag!

We've made it easier than ever to keep track of the name tags with extra hooks on the name tag stand. If you have been storing your nametag in the car or at home, now there is plenty of space for it on the stand.

Do you want a new nametag holder for your nametag with a pin on the

back instead of a clip? The name tag may be pinned on your clothes near eye level for easy visibility. The pin name tag holder also provides easy visibility on the name tag stand.

Throughout October, a table will be set up in the lobby after the service for getting pin name tags. Also, stop by the table if you want a new rainbow ribbon on your name tag.





# NWUUC NORTHWEST UNITARIAN UNIVERSALIST CONGREGATION

1025 Mt. Vernon Highway, NW, Sandy Springs, GA 30327

*A Member Congregation of the Unitarian Universalist Association*

## October UNiverse Newsletter

### Publications Available Online

If you have a print version of the UNiverse and want more information about any programs featured here or about others happening this month, please go to our website ([nwuuc.org](http://nwuuc.org)) and access the electronic version under the Publications tab. You can use the live links in these electronic publications to easily contact event organizers and while you're there, you can read more about our congregation, its programs and services.

#### Northwest UUC Mission Statement

*Our congregation creates loving community, inspires joy and spiritual growth, and supports courageous action.*

#### Unitarian Universalist Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- ◆ The inherent worth and dignity of every person;
- ◆ Justice, equity, and compassion in human relations;
- ◆ Acceptance of one another and encouragement to spiritual growth in our congregations;
- ◆ A free and responsible search for truth and meaning;
- ◆ The right of conscience and the use of the democratic process within our congregations and in society at large;
- ◆ The goal of world community with peace, liberty, and justice for all;
- ◆ Respect for the interdependent web of all existence of which we are a part.