



## September 2015 UNiverse

# NWUUC

NORTHWEST  
UNITARIAN UNIVERSALIST  
CONGREGATION

## Enjoy an Evening With The Stars Saturday, September 26

In celebration of the beginning of the new program year, join us for an evening of music, food, fun and fellowship on Saturday evening, September 26, starting at 6:00 pm with cocktails and hors d'oeuvres, followed by a sit-down dinner at 7:00 pm.

Brought to you by the Stewardship Ministry, the evening will feed your body and soul and nourish Northwest's mission and coffers.

Stewardship is about care. Care for our mission, our physical space, ourselves and our future. Caring for ourselves can be solemn and it can also be fun! We are kicking off the year with an emphasis on fun.

Entertainment for the evening will feature the fabulous Northwest Band and dinner will be served to you at your table. We'll begin in the Lobby with appetizers and move to the



sanctuary for the meal and music. Four Northwest chefs, Verna Barrett, Constance Dierickx, Deborah Ross and Paul Ross, will prepare a gourmet meal to be savored.

A special cocktail, wine and beer will be available for a donation.

- Tickets are \$40 each
- If you want to join the fun but need to contribute less, please contribute \$20.
- If you are willing and able to contribute more, please "round up" to \$50 or more.

You must reserve your seat and buy your ticket in advance. Please send an

email reservation with the number of members in your party to [Lil Woolf](#). Checks may be sent to the Northwest office with "Stars" in the memo line before September 21.

Will you be bringing children? Let us know so we can provide for their care.

### *The Menu*

#### *Appetizers*

*Salad Caprese skewers  
Fest of onion and herbs de Provence*

#### *Soup*

*Root vegetable soup  
Breadsticks*

#### *Main course*

*Roast pork  
Quinoa pilaf  
Cabbage and apple salad*

#### *Dessert*

*Tuffle*



# Worship Services September 2015

## Reflecting on Speaking Truth to Power

Service at 10:00 am

**The Nursery is staffed and available during services and Fellowship.**

Sunday worship services may be led by our minister, Rev. Terry Davis, guest ministers or members of the Northwest Worship Associates team.

Additional information about the coming week's service is published in the weekly NeUUs and on our website. Not getting the NeUUs? Contact Office Administrator Shirley Banks at [office@nwuuc.org](mailto:office@nwuuc.org) to sign up.

### September 6 – Proud About It!

Worship Leader – Rev. Duncan Teague  
Worship Associate – Neal Steffin  
Music – The Northwest Band



Labor Day Weekend, Black “Gay” Pride and Dragoncon, all on this same little weekend in Atlanta. There is a “spirit” present in all of these observations; let's see what the spirit might be.

Is this weekend jammed with festivals of identity, outrageous fun and costumes of all sorts, about more than communal pride? Are there deeper needs being met about who we are communally and what we need to survive to claim such spaces in the public sphere?

*Unitarian Universalist minister Rev. Duncan Teague serves as the Faith Outreach Consultant for Georgia Equality, a nonprofit organization dedicated to advancing fairness, safety and opportunity for lesbian, gay, bisexual and transgender communities and allies throughout the state.*



### September 13 – The God Clause

Worship Leader – Rev. Terry Davis  
Worship Associate – Paul Payne  
Music – The Northwest Choir

A recent article by the same name in *The New York Times Magazine* noted that “adapting the law to the needs of believers has long been part of the American ethos of inclusivity, but lately ‘religious liberty’ is being invoked to justify intolerance.” Where is Unitarian Universalism calling us to speak up and out for religious freedom? How should we be living out our rich heritage of tolerance and acceptance?



### September 20 – Claim Your Inner Prophet

Worship Leader – Rev. Terry Davis  
Worship Associate – Hannah Cowart  
Music – The Northwest Band and Choir

Prophets through the ages were (and are) persons who are compelled to speak truth to power and boldly name injustice wherever it existed. What excites us about being a prophet for justice in these times? What frightens us?

*Children's Chapel, led by Rev. Terry Davis, will be held following the main service at 11:30 am in the Chalice House (Religious Education building), followed by a “7 on the 7th” activity for all ages that celebrates the interdependent web of all existence. All are welcome. See page 15 for details.*

# Worship Services September 2015

## Reflecting on Speaking Truth to Power

Service at 10:00 am



### Coming in October

#### October 4 – Growing Old Isn't for Sissies

Worship Leader – Rev. Terry Davis

Music – The Northwest Band

Actress Bette Davis said it. And, while her famous quote may elicit a chuckle, it also points to the serious side of getting older and the challenging life changes it brings. Whether you're a senior or a young adult, our aging or that of someone we love has a profound impact on our lives. How might we prepare our spirits for this journey?

#### September 27 – Building a Life Ethic

Worship Leader – Rev. Joan Armstrong Davis

Worship Associate – Lynne Dale

Music – Will Fowler

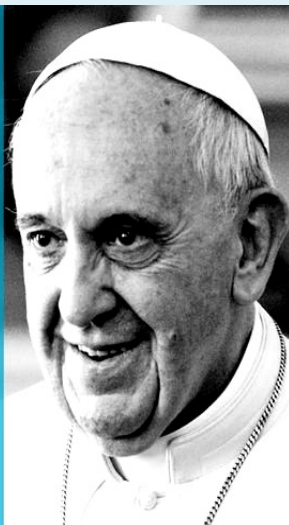
A papal encyclical on the environment issued in June uses language similar to “Respect for the interdependent web . . .” Similar, but different. The Pope’s position assumes that all life is sacred. How do we deal with issues such as euthanasia, the death penalty, and the environment in ways based on a broader, liberal theological tradition . . . ways no less principled or ethical, but different?

*Rev. Joan Armstrong Davis is Northwest’s affiliated community minister. An ordained Unitarian Universalist minister with over 30 years of experience, her community-based ministry is focused on marrying couples and providing premarital counseling.*



“  
In the face of the emergencies of human-induced climate change, social exclusion, & extreme poverty, we join together to declare that:

Human-induced climate change is a **scientific reality**, and its decisive mitigation is a **moral and religious imperative** for humanity.”



Pontifical Academies of Sciences and Social Sciences



# To Boldly Go

Dear Friends,

If you're a Star Trek fan like me, you likely recall the opening monologue that began each episode of that beloved series, including these lines:

*Its continuing mission:  
to explore strange new worlds,  
to seek out new life and new civilizations,  
to boldly go where no one has gone before.*

I have been thinking about those lines these last few weeks as I return to Northwest and begin my fourth year of ministry here. There is no fear that my journey will ever be ordinary and routine; ministry is proving to be an ongoing invitation to boldly go where I have never gone before.

One new, bold adventure involves how I am using technology here.

Technology? Yes! The Northwest staff and I are committed to fully engaging the technological tools that were introduced to us this past year by our capable Office Administrator Shirley Banks. That includes using Realm, the web-based membership management tool that allows us to easily locate member contact information and communicate with our ministry teams. It also includes using a cloud-based document storage system

called Box to eliminate duplicate efforts and provide a centralized place for our ministry records, as well as important congregational documents.

Our goal? To make the administrative aspects of managing our ministries more efficient so that we can touch and change more lives. I think it's safe to say that a church, synagogue or other place of worship isn't the sort of organization that immediately springs to mind when thinking about technologically-advanced places. And, yet, I'm keenly aware of how many Northwest members connect with me on Facebook . . . and how many newcomers find out about us on the informative, attractive, easy to find – and, now, mobile-friendly – Northwest website.

Just today, I received a phone call from a woman who says she was “desperately seeking” a place that she and her family could call their faith home.

“How did you find us?” I asked.

“I Googled you and saw your website. You are all the good things you say you are, aren't you?”



Yes, I sincerely hope so. To be welcoming and to let people know the joyful message of Unitarian Universalism means keeping our website current, appealing and easy to use. It means making it easy for staff and volunteers to connect with one another and gain access to the information they need to move their ministries forward. It means keeping excellent records that are easy to find to help facilitate effective leadership and smooth transitions over the years.

Helping to transform the world into the place we dream about is a formidable task for any person of faith . . . any community of faith. My hope is that we'll use everything at our disposal – including what may seem like strange, new technology – to go boldly forward.

Warmly,

Terry  
Rev. Terry Davis



# Beginnings



*“Beginning is not only a kind of action. It is also a frame of mind, a kind of work, an attitude, a consciousness.”*

— Edward Said, *Beginnings*

I’ve been thinking about beginnings recently, as the program year at Northwest kicks off, along with my year as president of the congregation, and as my older daughter Ella begins high school and marching band and her time in the youth group here at Northwest, and as my own school year in a new job and with a new scholarly project all begin, too. I’ve been attending orientations, planning meetings, and retreats for all of these different activities and each of those have generated their own lists of things to be done and lists of dates to be entered into my calendar.

All of this planning and scheduling future work has me feeling a little bit exhausted and overwhelmed before I’ve even begun to actually do anything more than just thinking about doing something.

Once I realized that I was feeling anxious about all of these new adventures starting up at once, I took a little

time out, stopped worrying about all the stuff that will come, and sat down to read for awhile. I hadn’t read Edward Said’s work since I was in graduate school, but he wrote an entire book on the subject of beginnings, so that’s what I started reading.

Said distinguishes between an origin and a beginning. Origin comes from the word *oriri*, meaning “to rise, become visible, or appear” whereas the word *begin* comes from *beginnan*, “to attempt or undertake, to start something.” An origin is divine, mythical, and passive, Said says, while a beginning is secular, humanly produced, and active.

A beginning, then, unites the practical need for a change with a theory -- an intention with a method -- and it unites change with what has come before it: “beginning is making or producing difference; but—and here is the great fascination in the subject — difference which is the result of combining the already-familiar with the fertile novelty of human work.”

All of which brings me back to the beginning of this new year at North-

west, but instead of thinking about the work ahead as a set of difficulties, I’m feeling a sense of excitement about the opportunities before us.

In our planning for this new year, those of us in staff and lay leadership positions at Northwest have thought about becoming an even more engaged and engaging congregation, developing continuity of leadership, articulating the congregation’s vision, and building for the financial future of Northwest.

I hope that you will be delighted and intrigued by the changes that come with this new program year at Northwest. Even more so, I hope that we can all join together in an intentional process of holding on to what is good and valuable at Northwest while experimenting with new approaches.

David Morgen  
President





# An Exciting Year Ahead for Religious Education

A new program year is always exciting for me. I love welcoming everyone back and hearing about their summer breaks. Seeing the kids on Sunday mornings is always the highlight of my week!

One of the program's focuses this year is to find ways to engage the children in Unitarian Universalist principles outside of Sunday mornings. That might range from working with their families to write a blessing or a chalice lighting to putting one of our principles into action during the week. Teaching our children faith development is teaching them to look to our principles in their everyday decision-making process and to talk with them about ways they do so. Also, sharing ways with our children that we practice our principles gives them encour-

agement and offers examples of ways we can all put our faith into action.

In keeping with this theme of Faith in Action, we are working to engage the children (and the congregation) in some different experiences in Religious Education this year. We will be lifting up our seventh principle with our new "7 on the 7th" Program which begins September 20 with making an interdependent web of existence during Second Hour.

Like our seventh principle, children's faith development is also an interdependent web and sharing experiences with their parents, Reverend Terry, Director of Music Tom Godfrey, various Northwest ministries, the congregation and me gives them an opportunity to learn about our faith in so many interesting ways. How wonder-

ful it is that the children have so many people that not only care but are willing to share their depth of knowledge.

**RE Mission Statement:** *to provide our children and youth a welcoming and safe community that encourages the development of the tools and ability to make confident choices based on Unitarian Universalist principles.*

*Elizabeth Hickman*

Director of Religious Education for Children



## Ch-ch-ch-changes

Starting my fifth year as Northwest's Director of Music, you might think that I have found a steady rhythm. Think again! Heading into the new program year, we have all sorts of new developments.

Our regular accompanist, Grace, is taking a year off to finish her doctorate. Fortunately for us, Grace's husband, Will Fowler, is also a terrific pianist who has substituted for Grace previously when she has been unable to play. Grace will substitute for Will when necessary, and she will return as our regular accompanist next year. In addition to being a top-notch musician, Will is also a pleasure to work with. I'm looking forward to hearing more of Will's piano playing this year.

I've already written at length about the Northwest Band and Choir combining once a month this year, and that we will be offering a Join-In Choir once a month for those who love to sing but can't commit to regular Wednesday rehearsals. You'll certainly be hearing more about these efforts. In addition to a new music schedule, we will also offer some different styles of services this year, which will naturally affect how music is presented on Sunday mornings. Whatever happens, we'll go with the flow and continue to make the best music we can.

On a personal level, I'm teaching guitar at a new studio. I will continue to teach at Tessitura in Decatur on

Mondays and Tuesdays, and now I'll be teaching at Eclectic Music in Midtown. Eclectic is a fairly big operation, and I'm excited about the professional possibilities this will open up.

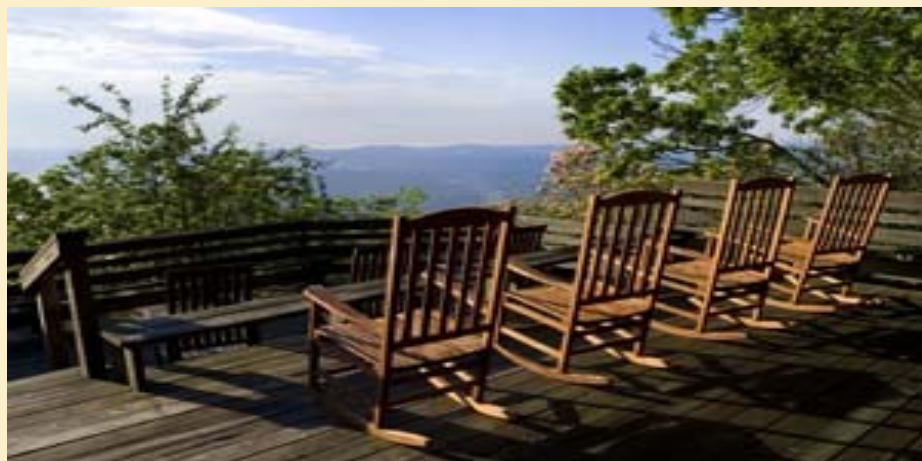
As performers, Lori Guy and I plan to record an album in January. This is going to be a big step for both of us!

Who knows what changes are in store for Northwest's music program in the future? Only time will tell!

*Tom Godfrey*  
Director of Music



# Happenings at the Mountain



## **Southern UU Fall Institute (SUUFI): October 4 - 9**

An award-winning storyteller and a UU minister together inspire us to a destination of “A Renewed Sense of Self and Potential,” a state of fresh thinking, new approaches, new understanding, aligned purpose and meaningful action. Balancing cerebral with sensual, SUUFI offers plenty of hands-on and heart-engaging activities.

In the fall coolness of the western North Carolina mountains, in Highlands, join this “boomer week” to explore new concepts, hike new trails, meet old and new friends, find serenity and avoid traffic, and relax at our UU Retreat and Learning Center, The Mountain.

Choose from four, five and six-day packages priced at \$370, \$465, and \$560, respectively. Register [here](#).

## **UU Womenspirit: October 14 - 18**

This all-women retreat places an emphasis on exploring and celebrating the Feminine Divine in her many forms. This fall's retreat will focus on how **Love Matters**. Spirit-nurturing workshops and rituals are combined in an atmosphere full of community and fun at The Mountain Learning and Retreat Center. All women age 18 and older are invited to attend. For more information or to register, go to [uuwomenspirit.org](http://uuwomenspirit.org).

**Youth CONs:** A Youth CON is a gathering of youth from congregations all over the southeast (and sometimes beyond!) for a weekend program

filled with a variety of workshops, activities, good food, a safe environment and warm, cozy cabins. Youth participate in all activities, share with new friends in small get-to-know-you groups, bond during free time and contribute to times of fun and reflection.

Elementary (3rd – 5th graders):  
November 13 - 15

Intermediate (6th – 8th graders):  
November 20 - 22

Senior High (9th – 12th graders):  
December 4 - 6

**Thanksgiving: November 25 - 29** Join us on The Mountain this year for Thanksgiving! Let us take care of the cooking and cleaning while you enjoy this time of thanks.

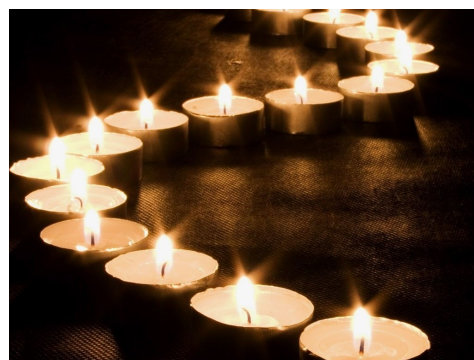
**Your Event**—Looking for a great place to host a retreat? Why not hold your next retreat, conference, yoga class, wellness event, leadership training, or board meeting at The Mountain? To learn more about what we offer, visit [www.mountaincenters.org](http://www.mountaincenters.org) or contact [Nancy](#). We hope to see you soon.

## “In The Spirit”

Do you long for a meditative worship experience? One that uses silence, candles, prayer, and simple singing to soothe you and help you connect to the deepest part of yourself?

If you do, join us at 7:30 pm on the third Tuesday of the month starting September 15 for Northwest’s new

contemplative worship experience. Called “In the Spirit,” it will be a brief service (approximately 35 – 40 minutes) and led by Rev. Terry Davis. For more information, contact Rev. Davis at [minister@nwuuc.org](mailto:minister@nwuuc.org).

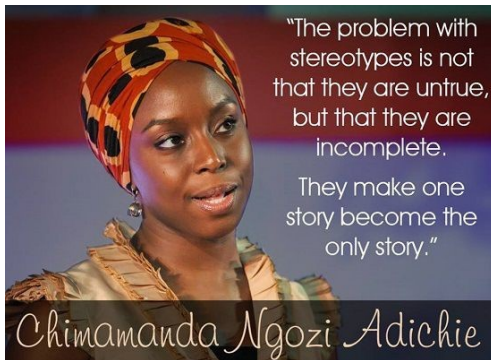


# Lunch with TED: The Danger of a Single Story September 16

Our lives, our cultures, are composed of many overlapping stories.

Novelist Chimamanda Adichie tells the story of how she found her authentic cultural voice — and warns that if we hear only a single story about another person or country, we risk a critical misunderstanding.

Her message? Stories matter. Many stories matter. Stories have been used



to dispossess and to malign, but stories can also be used to empower and to humanize. Stories can break the dignity of a people and they can repair that broken dignity.

Come explore how her message informs our experiences both personally and in the world. We will meet in the Art Gallery for a brown bag lunch on Wednesday, September 16, from 11:45 till 1:15 pm.

## Mass Extinction: Life at the Brink, September 17



Are we careening towards the sixth mass extinction the Earth has experienced? Five mass extinctions have occurred already, wiping out the vast majority of our plant and animal life.

At 7:00 pm on September 17, Third Thursday Cinema will present *Mass Extinction: Life at the Brink*, a Smithsonian documentary. This film features two of these cataclysmic events, one by a massive asteroid 66 million years ago, the other by volcanic eruptions 252 million years ago.

Experts believe that another mass extinction is looming that is not the

result of natural forces, but caused by the impact of human beings. With compelling evidence, paleontologist Anthony Barnosky suggests that this sixth event is already in motion as we witness changes in the atmosphere and species disappearing at an alarming rate.

A \$3.00 donation is suggested for the evening, sponsored by the UUCA Peace Network, which includes refreshments and a moderated discussion.

The Unitarian Universalist Congregation of Atlanta is located on the I-85 North access road between N. Druid Hills and Clairmont Roads opposite the underpass. Enter top steps. Proceed down left hallway to last room on the left, Room 210.

## UNiverse

UNiverse is published monthly by the Northwest Unitarian Universalist Congregation  
1025 Mount Vernon Highway, NW  
Sandy Springs, GA 30327  
([www.NWUUC.org](http://www.NWUUC.org))

Northwest is a member congregation of the Unitarian Universalist Association.

**Newsletter submissions deadline: 15th of the previous month.**

Send to [nwuupublications@gmail.com](mailto:nwuupublications@gmail.com)

### Minister

**Rev. Terry Davis**, [minister@nwuuc.org](mailto:minister@nwuuc.org)

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404.455.5764

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770.955.1408

Nursery Attendant, **Nancy Johnson**  
Accompanist, **Will Fowler**  
Sexton, **Kevin Coleman**

### Affiliated Community Minister

**Rev. Joan A. Davis** [joan@yourvows.net](mailto:joan@yourvows.net)

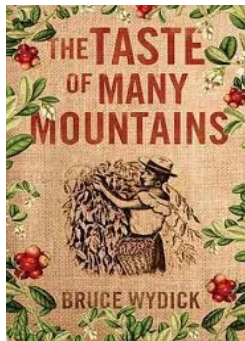
### Board of Trustees

President, **David Morgen**  
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**Beth Clinton**  
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**Roland Dewitt**



# Book Groupies Meet on September 8



The Northwest Book Groupies resume their monthly meetings on Tuesday, Sept. 8. Join us at 7:00 pm in the Art Gallery to discuss

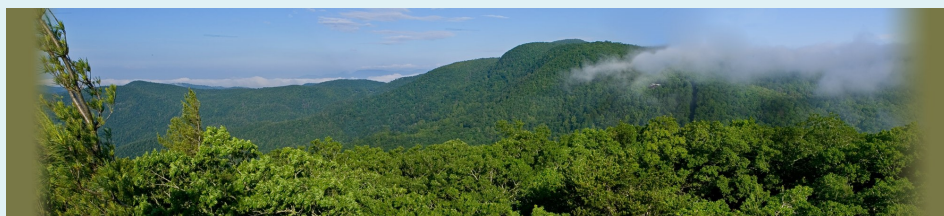
the novel *The Taste of Many Mountains* by Bruce Wydick.

"The coffee market is a microcosm of the intersection of economies and cultures that accompanies economic globalization. . . . In the coffee market, the rich meet the poor and awareness grows of the chasm that separates them," according to the introduction.

This novel is set in Guatemala and based on an actual research project. The book is available for purchase in the Bellwether Bookstore. All readers are welcome.

We will be picking our fall books at this meeting, too, so please bring your suggestions.

## Register Now for Northwest's All Congregation Retreat October 23-25



Thinking about going to NWUUC's Annual All Congregation Retreat on Oct. 23 – 25?

Don't miss the Early Bird discount through Tuesday, September 23, adult \$170 (\$190 after); youth, 8 – 17, \$70; and children 7 and under, free. Our theme for this year is "Living The Second Principle." Come learn what we can do as UUs to promote justice and equity in our complex society.

Enjoy six delicious, nutritious meals (Friday supper through Sunday lunch) in the Dining Hall, as well as two pre-dinner Happy Hours with popcorn on the deck. Beautiful fall foliage provided gratis for all to enjoy!

- **Friday evening** – Getting to know you
- **Saturday morning** – Workshop on our Second Principle led by David Morgen, crafts and games

- **Saturday afternoon** - Hike / read / talk / nap - your choice, also crafts and games
- **Saturday evening** – Talent show followed by campfire and s'mores!
- **Sunday morning** – Worship service with Paul Payne. Stay after lunch and hike some more.

To make your reservation, your options are (1) register online at [www.mountaincenters.org](http://www.mountaincenters.org), (2) email Registrar, Peter Raoul, at [peter.raoul@mountaincenters.org](mailto:peter.raoul@mountaincenters.org), or (3) call him at [828/526-5838](tel:828/526-5838).

We look forward to seeing you at The Mountain in October!

## Celebrate 30 Years with a New Book!

In September 1985, Bellwether Books opened its doors for the first time. We grew from contributed books of Northwest members until we got enough capital to buy "new" books.

A lot has changed in 30 years! We aren't as young as we used to be and the whole bookstore environment is different. Competition is everywhere it seems, but we still offer a variety of books that reflect our UU orientation and are vetted by our members. What better recommendation could you have!

Come wish us a Happy Birthday and buy a celebratory book or two or more—and get a happy smile as a bonus!



# September Second Hour



Welcome to the Learning Ministry's 2015-16 program! Ministry Team Leader Laura Hall and Co-team Leader Harry Trendell are working hard to bring you a variety of interesting and challenging adult learning opportunities throughout the new church year.

What is the Learning Ministry? This team is responsible for soliciting, organizing and scheduling learning/educational opportunities for adults ages 18 and up. The goal of the ministry is to encourage personal and spiritual growth through the exploration of a wide variety of topics, including those on social, economic, religious, political, environmental, artistic, historical, and social justice issues and/or interests. The Adult Learning program occurs every Sunday during Second Hour from 11:30 – 12:30 in various locations on the Northwest campus. This schedule allows for 20-25 minutes of socializing after the worship service before the sessions begin.

Do you have a suggestion or a specific request for future adult learning opportunities? If so, please send your suggestion/request to Laura Hall at [laurahallatl@gmail.com](mailto:laurahallatl@gmail.com). Be sure to include a brief description of the topic, whether or not you are willing to lead the session, and if not, any recommendations you have for a session leader.

## September 6

### Zen Buddhist Meditation

*Session Leader: Gregory Byrd*

Zen, or Zazen (*za* meaning sitting, and *Zen* meaning meditation in Japanese), refers to seated meditation. That is, it is a way of self-discovery which is practiced while sitting on a cushion or chair. It is the experience of living from moment to moment, in the here and now. *Zazen* is an attitude of spiritual awakening, which when practiced, can become the source from which all the actions of daily life flow - eating, sleeping, breathing, walking, working, talking, and thinking. Whether you've been meditating for years, or would like to explore this spiritual practice for the first time, you are welcome.



## September 13

### Congregational Retreat at The Mountain Oct. 23-25 - What's In It For Me?

*Session Leaders: Rebecca Cabral, Jay Kiskel, Penny Raney, and Mani Subramanian*

Come join in a preview of our annual family congregational retreat at The Mountain Retreat and Learning Center, located atop a 4200 foot granite cliff in the beautiful Blue Ridge Mountains, just a short distance from Highlands, NC. Northwest's annual retreat is considered one of the best at The Mountain, with lots of opportunities

for the whole family to commune with nature, go for hikes, make crafts, sing songs, and share in fun, food, fellowship, and worship. In addition, the retreat date of October 23-25 should afford great fall colors atop Little Scaly Mountain.

During this session, Jay Kiskel will present a new video on The Mountain and show some slides from past retreats; Rebecca Cabral will talk about this year's programs; Penny Raney will explain the retreat pricing and registration process; and Mani Subramanian will cover The Mountain Scholarship that's available to all members. This informal session will answer all your questions and will help you visualize what a great time you'll have at Northwest's Mountain Retreat!

Note that The Mountain is our Donate the Plate recipient on September 13. Please give generously!



## September 20

### Zen Buddhist Meditation

*Session Leader: Gregory Byrd*

Please see September 6 description.



# More Second Hour Offerings

*September 20, continued*



## **Creativity Lab – Your iPhone as a Powerful Tool for Creating Art**

*Session Leader: Marie Matthews*

Cost: \$10

Learn to go beyond the snapshot and turn your iPhone into a powerful tool for creating art that expresses your personal vision. This workshop will introduce you to the basics of exposure, image correction, cropping, and retouching. We will also explore techniques for creating textures and blending images. Special emphasis will be placed on learning new ways of seeing the world around you. A camera-equipped iPhone, iPod, or iPad is required. Make sure that you know your Apple ID and password so you can download apps from the App Store. Or download the following apps before you come to class: ***Snapseed; Superimpose; Touch Retouch.***

**Also . . . Enjoy Marie's work in our Art Gallery during the month of September.** See page 13.

## **CUUPS Mabon Ritual**

*Session Leaders: Cynthia Flot and Stan Burch*

Mabon, (pronounced MAY-bun, MAY-bone, MAH-boon, or MAH-bawn) is the Autumn Equinox. The Autumn

Equinox divides the day and night equally, and we all take a moment to pay our respects to the impending dark. We also give thanks to the waning sunlight, as we store our harvest of this year's crops. Come join CUUPS for this annual uplifting ritual.



**September 27**

## **Fellowship Sunday**

Fellowship Sunday is all about making personal connections and building community. It's your time to... share a leisurely cup of coffee with old friends, engage with visitors and newer members, browse Northwest Bookstore, or meet with one of Northwest's Small Groups. Or you might choose to expand your fellowship by taking it outside our four walls and into the wider community by participating in an off-site social justice or environmental issues activity with like-minded friends. However you decide to spend it, this time is for you, to connect, to build, and to grow!



*Small-Group Meetings on Fellowship Sunday:*

## **Northwest Seniors Network**

The Northwest Seniors Network is comprised of seniors, retirees, grandparents and caretakers who gather to discuss life issues, provide support to one another, and engage in social activities. If you would like to join the group and be added to the email distribution list, please send your name and phone number to [Renee and Mike Burke](#). Or just come to the meeting in the Art Gallery.



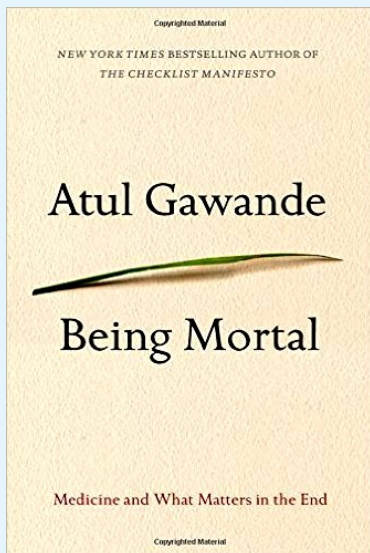
## **CUUPS Discussion Group**

*Session Leader: Stan Burch*

The Covenant of Unitarian Universalist Pagans (CUUPS) is an organization dedicated to networking Pagan-identified UUs, educating people about Paganism, promoting interfaith dialogue, developing Pagan liturgies and theologies, and supporting Pagan-identified UU religious professionals. Northwest's Hawk's Hoop CUUPS group invites you join in a continuing discussion of *Pagan Visions For A Sustainable Future* edited by Ly de Angeles & others. The book can be purchased at Northwest's Bellwether Bookstore.



# Prepare for Future Second Hour Programs



## Looking ahead to October and November

### What Matters in the End

Rev. Joan Armstrong Davis will lead sessions on October 18 and November 1 based on the book *Being Mortal: Medicine and What Matters in the End* by Atul Gawande. Gawande's basic premise is that while the medical profession is focused on extending life, the desires of most of us is to live a good life right to the end. The sessions will cover such issues as aging, healthcare and housing choices,

hospice and, most important perhaps, the difficult conversations to be had with family and others who are often impacted by these issues.

To get the most out of the discussions, you are encouraged to read *Being Mortal* prior to the first session. The book is currently available in our Bellwether Bookstore. No used copies are currently available, but the paperback edition will be out on September 1. Start your reading now so you'll be ready to join the book discussion in October!

## Donate the Plate: Making a Difference in the World

Thanks to the generous support of our members, "Donate the Plate" raised \$10,914 in the last fiscal year! We have helped charities provide critical services within the Metro Atlanta community and the wider community. A special thanks to all those who helped facilitate DTP this year!

Though not included here, Northwest's Dining For Women chapter has met monthly since the fall. Donations made through DFW give women a "hand-up not a hand-out" by funding grassroots programs working in developing countries to fight gender inequality.

DTP recipients during the 2014-2015 fiscal year included:

\$650	Georgia Equality
\$886	Refugee Resettlement and Immigration of Atlanta
\$1,048	Planned Parenthood Southeast
\$1,106	Foster Care Support Foundation
\$898	Peace Unity Bridge
\$1,039	Community Assistance Center (CAC)
\$1,348	UUSC-UUCSJ Haiti Program/MPP
\$871	Southern Center for Human Rights
\$964	Green Law
\$829	Prevent Child Abuse Georgia
\$549	Georgia Interfaith Power & Light
\$727	Atlanta Humane Society



### September Donate the Plate

On September 20, we Donate the Plate to support The Mountain Retreat and Learning Center in Highlands, NC, a non-profit program center, summer youth camp and a retreat center. Annually, 4,000 people from more than 35 states visit The Mountain. In October, we will once again join those visitors for our annual congregational retreat.

Founded in 1979, The Mountain continues to be guided by Unitarian Universalist values and is open to all. It aims to inspire people of all ages through a nurturing community, connection with nature, and fun, challenging programs.

Please give generously to support this UU gem!

# Singer Songwriters at The Hungry Ear Coffee House™ on September 5



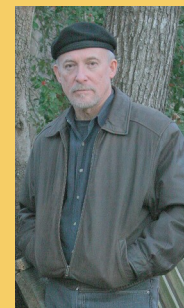
**Cyndi Craven:** Lately Cyndi seems to bring a softer, more reflective feel and more depth to her music. She's getting more sensitive and funny and becoming more of an expert with first class writing and performing all the time. That's the secret of performers who last, always learning and refining and just plain getting better at whatever they do. Cyndi will be one of the four performers coming September 5.



**Bruce Gilbert** says "I'M A SONGWRITER . . . sort of a musical mad scientist. I mix ingredients and hope that magic will happen. I'm very grateful for the chance to share with you songs that came from MY heart. I hope you enjoy them."

**Ron Hipp** is an acoustic fingerstyle guitarist/singer/ songwriter and multi-instrumentalist. His rich baritone voice, consummate fingerpicking and mesmerizing songs make

his shows a memorable experience. Ron has graced many recording projects by other artists over the years as a studio musician, and has many CD cover photos to his credit.



We're happy to have **Rick Diamond** back again as our fourth singer/songwriter. He began playing guitar and writing songs at age 12 and through the years he's written more than 175.

This month's coffee house will be on September 5 in the Northwest Sanctuary. The performance begins at 8:00 pm and doors open at 7:30.

Please consider a donation of \$5. Canned goods for the Community Assistance Center (CAC) are also happily accepted.

## In the Gallery This Month: Marie Matthews

In September, our gallery showcases the work of Marie Matthews. A mainstay of [iPhoneArt.com](http://iPhoneArt.com), Marie is noted for her painterly portraits of street characters.

In early 2013, she was a Top 10 Finalist in the Mobile Photography Award, where she also garnered a First Place award in Performing Arts, Second Place in Visual Effects and four Honorable Mentions. She has been voted Artist of the Month on iPhoneArt.com and has exhibited her work at the Los Angeles Mobile Arts Festival.

Her images have been featured on C-Net, the Los Angeles Times and Business Insider as well as many well-known iPhone photography sites.

Marie teaches painting, figure drawing and iPhone photography classes in Atlanta. You can visit her website at <http://iprints.iphoneart.com/artist>

Stop by the Art Gallery this month to see her work and learn more about what she does—and you can do—by

signing up for her Second Hour Creativity Lab workshop on Sunday, September 20.



# Dining For Women Supports Community-based Maternal Mental Health Care in Post-conflict Uganda, Sept. 20

This month we will learn about and support Community-based Maternal Mental Health Care in post conflict Uganda, a region where previous war trauma combines with ongoing poverty, stigma and gender-based violence to form a toxic environment for maternal mental health.

As many as one in four women will develop perinatal depression and are at risk for obstetric complications, pre-term labor and suicide. Their babies are at risk for pre-term birth, low birth weight, malnutrition, higher rates of childhood disease and missed immunizations.

The maternal mental health program will result in fewer mothers suffering from perinatal anxiety and depression as a result of psycho-education and learning stress reduction techniques. These women will show improved well-being and functioning as mothers and individuals, ensuring that they will take better care of themselves, their new babies and their families and participate in work to support their families and communities.

The September Dining for Women group will meet on Sunday September 20, 5-7 pm. For more information, contact [Mary Perloe \(404-217-8201\)](mailto:Mary.Perloe@nyu.edu).



## September Birthdays and Anniversaries!

### Birthdays in September

Tiley Rooks	09/02
Kyle Thomas	09/04
Joyce Buis	09/05
Cynthia Flot	09/07
Marilyn Matlock	09/08
Bill Woolf	09/08
Jaiya Thomas	09/10
Lily Alford	09/13
Kim Rask	09/13
Karen Edmonds	09/18
Joseph Schniederjan	09/19
Donovan Hedges	09/26
Keith Kreycik	09/27



### Anniversaries in September

Caroline Romines	09/04/2011
Nancy Wylie	09/04/2011
Constance Dierickx	09/08/1991
Michael Dierickx	09/08/1991
Flore Vinton	09/10/2006
Thomas Vinton	09/10/2006
Linton Hopkins	09/11/2004
Elizabeth Hickman	09/14/1998
Dempsey Hickman	09/14/1998
Tony Barbagallo	09/15/1996
Kristen Fowks	09/15/1996
Pam Freeman	09/21/2003
Brian Freeman	09/21/2003
Maurice Frank	09/26/2004
Mary Perloe	09/30/1990
Mark Perloe	09/30/1990





# September

## September 2

Choir Practice, 7:30 pm, Sanctuary

## September 5

Hungry Ear Coffee House™, 8:00 pm, Sanctuary

## September 6

Worship Service, 10:00 am  
 Activity Time, 10:15 am  
 Second Hour, 11:30 am  
 Religious Education, 11:30 am

## September 8

Book Groupies, 7:00 pm, Art Gallery

## September 9

Choir Practice, 7:30 pm, Sanctuary

## September 13

Worship Service, 10:00 am  
 Activity Time, 10:15 am  
 Second Hour, 11:30 am  
 Religious Education, 11:30 am

## September 15

In the Spirit, 7:30 pm, Sanctuary

## September 16

Lunch With TED, 11:45 am, Art Gallery  
 Choir Practice, 7:30 pm, Sanctuary

## September 17

Third Thursday Cinema, 7:00 pm, UUCA

## September 20

Worship Service, 10:00 am  
 Activity Time, 10:15 am  
 Second Hour, 11:30 am  
 Children's Chapel, 11:30 am  
 Religious Education, 11:45 am  
 Dining For Women, 5:00pm

## September 23

Choir Practice, 7:30 pm, Sanctuary

## September 27

Worship Service, 10:00 am  
 Activity Time, 10:15 am  
 Second Hour/Fellowship Sunday, 11:30 am  
 Religious Education, 11:30 am

## September 30

Choir Practice, 7:30 pm, Sanctuary

## Join Us for 7 on the 7th

Please join us for the first of seven Sundays as we lift up our seventh principle. It instills respect for the web of all existence of which we are a part, and appreciation of its beauty, excitement, and mystery.

On Sunday, September 20, Earth Ministry and Religious Education invite everyone to help create our own interdependent web during Second Hour.





# NWUUC NORTHWEST UNITARIAN UNIVERSALIST CONGREGATION

1025 Mt. Vernon Highway, NW, Sandy Springs, GA 30327

*A Member Congregation of the Unitarian Universalist Association*

## September UNiverse Newsletter

### Publications Available Online

If you have a print version of the UNiverse and want more information about any programs featured here or about others happening this month, please go to our website ([nwuuc.org](http://nwuuc.org)) and access the electronic version under the Publications tab. You can use the live links in these electronic publications to easily contact event organizers and while you're there, you can read more about our congregation, its programs and services.

### Northwest UUC Mission Statement

*Our congregation creates loving community, inspires joy and spiritual growth, and supports courageous action.*

### Unitarian Universalist Principles

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- ◆ The inherent worth and dignity of every person;
- ◆ Justice, equity, and compassion in human relations;
- ◆ Acceptance of one another and encouragement to spiritual growth in our congregations;
- ◆ A free and responsible search for truth and meaning;
- ◆ The right of conscience and the use of the democratic process within our congregations and in society at large;
- ◆ The goal of world community with peace, liberty, and justice for all;
- ◆ Respect for the interdependent web of all existence of which we are a part.